

Candidates work for victory

by Brian Giddens

The time has arrived once more when certain people begin building up arm muscles with continuous handshaking, orating with the style and flair of a learned and classical actor, and wearing soles thin by walking the long and agonizing campaign trail. Yes, as you've probably guessed, it's nearing election time and politicians have arrived in full bloom.

This year, in the presidential race, there are many candidates who are quite varied and different. The democratic contenders for President are slowly being narrowed down from the large number that began running. Lloyd Bentsen, and Birch Bayh have bowed out, with Bayh's campaign committee \$100,000 in debt. Sargent Shriver, Milton Shapp, Fred Harris, and Ellen McCormack have relatively little chance to become leading contenders, which leaves the Democratic field open with four candidates: Morris Udall, the only representative running for President; George Wallace, making yet another bid; Henry Jackson, Washington's senator;

FBLA competition five win honors

by Dena Mock

Lynnwood Senior High School's FBLA, (Future Business Leaders of America), made an excellent showing at a convention held March 6 at Renton High School.

Five members of the club exhibited much talent and were therefore able to place in their competitive events. The victorious members were: Cindy Barton placing first in advanced shorthand; Becky Carothers placing first in beginning shorthand; Devon Robinson placing third in beginning typing; Marlene Webster placing second in advanced typing; and Robin Hansen placing twice; third in advanced shorthand and third in advanced typing.

The L.H.S. Royals congratulate these people for such fine performances, and wish them the best of luck at their state convention on April 23 and 24 in Olympia.

Exchange students gather together from local schools

by Mark Loftin

For a weekend Lynnwood will have students from all points of the globe visiting. Import-Export Club is sponsoring an exchange student gathering for the weekend of April 30.

Exchange students will be coming from District 15, Mariner, and Everett high schools to spend three days with LHS hosts. Thursday the 29th, the students will go to their host's home and become acquainted with the family.

On Friday the students will spend the day at Lynnwood high. They are willing to talk to students and teachers in the classrooms. An assembly involving the exchange students might be held on the Friday. That evening

and Jimmy Carter, ex-governor of Georgia.

The steadfast Republicans only have two men to choose between, Gerald Ford and the ex-governor of California, Ronald Reagan. So far, it is a close race, and it may be that way all the way up to nominations.

For those students who are interested in working for a candidate or a political party, there are two organizations which represent the major parties in the Seattle area. Young Democrats, where one must be at least 16, is located in the Arctic Building at Third and Cherry, and if one wishes to call for information, the number is 623-6093. Young Republicans, where the beginning age is 18, is headed in the King County area by Chuck Thomas, who may be reached in the evenings only at 246-8196. BOB McCartney is in charge of the downtown office and may be reached during the day at 624-5190.

The 1976 elections promise to be an exciting event. May the best man win next November, and if everyone takes an interest in the political system, he just may.

Students in Wash. D.C.

by Dena Mock

"Close-up" is a program that enables interested high school students to get involved and become more knowledgeable about politics, by actually spending time in Washington, D.C.

Recently, four L.H.S. students took the trip to Washington, D.C. for only \$490. They were: Kerri Selsbee, Emily Young, Kim Thomas, and Rick Diboff who was chosen to go on the grant with no personal investments needed.

They spent five full days in Washington, attending seminars, meetings, and going on tours. They also met with Congressmen, saw and spoke to Jackson, and students involved in the close-up program.

Overall the trip was of excellent educational value, as well as being fun.

the group will have some form of social gathering.

It will be up to the students to decide what they would like to do on Saturday. Sunday they will return to their regular host family.

Hosting for the weekend is a good opportunity to get to know a foreign exchange student. Especially for those whom would like to, but find it difficult to host for a full year.

Anyone interested in hosting should listen for bulletins or contact Import-Export Club. Who knows the most harm it could do is destroy those myths about all Swedes being blonde, Chinese giving karate chops over the slightest grievance, or horrors of horrors, it might be educational.



Swing Choir gives good showing at Shoreline Music Festival.

Music strikes good note at college competition

by Dena Mock

Lynnwood Senior High School's music department made an outstanding showing on March 12 and 13 in the Shoreline Community College Vocal Festival.

The Swing Choir contest, consisting of fifteen schools, was held on March 12. Out of fifteen schools, Lynnwood, Shorecrest, Lake Washington, and Tyee were the only ones to receive superior ratings. Three schools were then chosen to perform in the finals with the Lynnwood Chantels being one of the three. In the finals: Lake Washington took first place with Lynnwood and Tyee being the first runners-up. This is the first time the Chantels have ever beat Shorecrest in a choral festival.

On March 13, Lynnwood High's Chamber Choir participated in the contest and also received excellent ratings.

Also on March 13, a solo ensemble contest at Cascade High School took place. Again, Lynnwood did outstanding. Those individuals participating in this contest were: Karen Barton, receiving a 1-plus rating for a vocal solo (which is the highest rating given), Donna Blansett, receiving a 1 rating for a violin solo, Bob Gray, receiving a rating of 1 for a trombone solo, and James Kammerer received a 1 rating for his french horn solo.

The L.H.S. student body tip their hats for these excellent showings by the music department.

Commencement news

by Steve Hall

Seniors/ The countdown has begun! Graduation is only days away. Only 47 more mornings of "get up, it's time to go to school." Only eight more dreary Mondays to slumber through. For the average senior taking five classes, there is just 235 classes remaining, totaling only 215 hours. That

works out to about 12,900 minutes. Just think only one more mountain of semester finals to climb through.

And just ten weekends of wondering why you didn't get your homework done. Nine Wednesday activity periods are left. So hang in there seniors, the end is in sight!

Tuesday Thursday break reinstated second time

by Dan Parks

Remember break mod! Last week through the efforts of BOC, this privilege was reinstated. This article will describe the actions taken by BOC to get back the break mod.

As last seen, BOC was facing many problems. The major controversy concerned the monitoring system. BOC's dilemma was trying to find "volunteers" who would help with the monitoring. At this time, few students have shown an interest in the program. Their job will be to report students leaving campus during the break.

On this current plan, Inter-High President, and former BOC President, Doug Scott, stated his opinion. "If it is impossible to get the break without monitoring, and I don't think it is, then we might as well forget the break. It isn't a break when it's only 15 minutes long and has to be monitored."

On Wednesday, March 17, this reporter attended the monitoring committee and principal meeting. At the meeting they discussed what to do with the break mod. The following are the four main

problem areas concerning break period:

- 1) Vandalism — mainly commons area
- 2) Litter
- 3) Students off campus
- 4) Students' conduct

It was agreed upon that vandalism and student conduct would be handled by the administration. On the littering problem, it was suggested that no more food be sold during the break. One solution for the people observed off-campus was that BOC would announce their names to the rest of the students. The idea, being to tell students that these are the people who are forcing Mr. Karnofski to take the break period away.

Break mod was returned last week with condition that a committee meet weekly to discuss problems and to evaluate how break period is doing at that time.

The major new idea in this new system is the student monitoring. Hopefully, the idea is that if students are involved in monitoring it will cut down on the problems we've had in the past.

LRC concern is worked out

by Ken Nickell

In January 1976, B.O.C. appointed a committee to investigate student concerns about the LRC and its usage, which completed its report including recommendations on Feb. 12.

Chairperson Dale Foote presented it to the Faculty Committee who submitted several recommendations to principal Mr. Jerry Karnofski, incorporating slight modifications of the student recommendations. Some of these have been adopted.

In most cases, the relaxation of study hall rules seems to have helped eliminate some LRC problems. Now students will be able to work together quietly in groups of two or three during study hall. Socializing will be allowed for the last 8 to 10 minutes of the mod. LRC passes can still be issued by the supervisor.

The LRC pass system is now in use again as it was originally designed. The system is claimed to reduce the cutting of classes to a large degree and to eliminate questions asked by the LRC staff, such as "Where are you from?" and "What are you doing here?" Students are now responsible to the teacher who issues the pass. They may use the LRC for any study activity normally done in a resource center, as long as they abide by school rules, including the four-to-one-table and no socializing rules. This should reassure those students worried about not being able to use the LRC unless they were using materials kept there.

Mr. Karnofski was glad to see that the students and teachers could work together to solve this problem and others that might occur. He hopes that he will conclude this year in a smooth and cooperative fashion and appreciated the work of all.

Levy fails once again

The local school levy for \$9.3 million was defeated Tuesday, receiving 8,275 yes votes and 6,856 no votes, for a 54.6 favorable percentage. Two other propositions, for \$2 and \$3 million respectively to restore program cuts made a year ago, received negative votes of 55 and 66 percent respectively.

The decision whether to rerun the levy will be decided next school board meeting.

Coming Events

by Mark Loftin

April	7-9	Yearbook Sale
	9	Junior Prom
	10	FBLA Auction
	17	Pancake Breakfast, sponsor: Music Boosters
	24	District Band Festival, March of Dimes Walk-A-Lot
May	30-1	Renaissance Fair
	22	Senior Prom
	31	No School (Memorial Day)
June	4	Graduation (WHEW! made it)
	9	Last Day of School (Finally)

Carol Duncan L.H.S. sports hero

Most everyone has heard of Carol Duncan and her ability as a great athlete, but until it is written down on paper you can't begin to imagine the number of her accomplishments.

Carol was born on Jan. 8, 1958. Because all of the neighbor kids were male, Carol grew up playing football, baseball, and basketball, right along side of the best of them, including Bob Brewer and her brother John.

In junior high her field of competition included softball, volleyball, basketball, and track. At Lynnwood High she has been on the varsity softball team for two years, the varsity basketball team for three years, and the varsity volleyball team for three years.

Her awards number higher than anyone else's as far as sports go at LHS. To start off with, in her sophomore year she received the inspirational award for volleyball and for basketball.

She was also named inspirational letterwoman of the year, which is quite an achievement for a sophomore. As a junior she again received the inspirational award for volleyball and basketball. Adding to the list she got the inspirational award in softball and was named captain of the softball team. As a junior she was again named inspirational letterwoman of the year. So far this year she has received the coaches award in volleyball and was co-captain in basketball. Since the year is not over yet, it is more than probable that other honors will be added to her list.

Carol enjoys school, this year her classes include C.P. English, Horticulture, P.E., psychology, and history assistant. Carol has an accumulative grade point average of 3.83 for her years in high school. She plans on entering Central Washington State College after graduation from Lynnwood. After college she

would like to go into the field of coaching.

Carol holds the Western Conference basketball scoring record with 32 points in one game! She did this when she was in her junior year in a game against Woodway. Carol's scoring ability could probably best be attributed to her extreme height. Carol says the only thing she doesn't like about being so tall are all the jokes that people are always saying to her like "How's the weather up there?" Carol may be short weight, but to the people who know her best Carol is a very big person. With a personality that won't quit; even girls that have competed against her have high respect for her.

Carol feels that "Women haven't had opportunities earlier in life so they aren't as developed as men in athletic events, but with the continuing improvements, competition is beginning to equal out."

When not busy turning out for sports, Carol has other interests like Jim Elsfelder.

Track runners plan trip for Coach Lewis's cabin

by Dean Hall

Where is everyone going this spring vacation? Well the track runners are off to Coach Lewis's cabin again for another fun weekend.

Every year the head track coach Duane Lewis takes a handful of runners to his cabin on Whidbey Island. While on the Island, the runners are to run two turnouts a day. On last year's excursion the runners complained that some of the turnouts were a little bit strange. One of the turnouts was running sprints on a very rocky beach. Now if you were ever a track member you know this is not too good an idea because you could sprain your ankle very easily. Another of the strange turnouts was running up and down a very steep and sandy hill. Many runners complained on the way up because it was hard to climb in such deep sand. When finally on top they forgot their agony be-

cause when they went jumping down the hill, they broke world records in the long jump.

Meals at the cabin were manufactured by Ernest Goshorn who is the long distance and girls' coach. Nevertheless, there was always plenty of water to wash the meals down.

When not running there were many things to do which included basketball rowing, hiking, cliff climbing, going to the movies, swimming and some of the runners last year made sand castles on the beach.

In the evening when the excitement died down, the athletes would play cards or games like scrabble but this got to be antagonizing after awhile because neither of the coaches could spell very well.

Well, last year was quite an experience for the athletes and they are looking forward to a lot of fun again this year.

Srs. Thaanum San Cartier receive Special Recognition

by Mark Davis

Winter sports have now been completed for about three weeks and, as it was during fall sports, our winter teams showed respectability.

Although sports are emphasized in a team basis, two individual athletes showed tremendous ability in their respective sports, Rick Thaanum and Paul San Cartier.

Rick, this year's captain on the basketball squad, led the team to an 8 win 8 loss conference campaign and 10 and 10 for the season, both Lynnwood records. He set school records in assists, points scored, and steals. Rick, who stands 5'7", led the conference in scoring by popping in nearly 15 points a game. He also showed that he is respected by opposing players who voted him as a first team all-conference

player, a first in LHS basketball history.

Paul led our wrestling team this year by posting a 19 win 0 loss individual campaign this year, the best ever by a Royal wrestler. By working his way through District and Regional meets Paul qualified for the state meet at 168 pounds. In his first three matches at state he put his opponents away with easy decisions in each match. His next match was what Paul had worked for for six years, a shot at the championship. It was a closely fought match with Paul's opponent escaping with a 4-0 decision, Paul brought home his second place medal to Lynnwood, something no Lynnwood wrestler had ever previously accomplished.

Congratulations to both Paul and Rick for their accomplishments in their senior year and the students of Lynnwood High School are all proud of you.

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Its high time at Highline

Lynnwoods' 'Graphic Bunch' deserves recognition, praise

by Debbie DeHart

Mr. Robinson, a manager? Yes, Mr. Robinson manages the Graphics Bunch first and second mod each day.

At the beginning of this school year the administration had not hired a graphics teacher. For the first two weeks of school the class had various substitutes. After two weeks they decided to cancel all graphics classes except for advanced graphics which included six students. Three of the students went to the district print shop for class. The other three stayed here under the management of Mr. Robinson. The students that attended the print shop learned how to run three different presses, use the collater, and the process camera. The students that stayed here ran various jobs for the school district. At the end of first se-

mester four of the six students continued on in graphics at this school. They call themselves "The Graphics Bunch." The bunch is 25% female-Lora Lavell and 75% male-Glenn Anderson, Jon Aylesworth, Randy Asbery. Throughout the year they have printed over 100 jobs for the district. The Bloody Cookbook, the course description booklet, and a job for Drivers Ed are some of the projects they have undertaken.

The bunch is on their own most of the time. Mr. Robinson primarily assigns jobs.

Mr. Robinson and the bunch plan to go out to dinner at the Edmonds Yacht Club sometime in the Spring.

Jon and Lora plan to continue in Graphics on into college.

The Graphics bunch deserves a tip of the Royal crown for a job well done.

Hobble-de-hoy! Whats a Hobble-de-hoy?

by Dean Hall

What would you do if a hobble-de-hoy moved in next door?

Darrel Draisey — Tell my mommy.

Byron Krogstadt — Move before my property value decreases.

Robin Rosunburger — Invite it to my Tupperware party.

Dave Carubius — Report it to the Immigration Bureau.

Ed Smith — B.A. it.

Cindy Garber — Put it in Matt Geisenhoff's car.

Tammy Lein — Give it to Robbie.

Mike Baker — Work out with it.

Tereasa Pearson — See if it has a brother.

Mark Olsen — Take it to a drive-in movie.

Scott Leach — Kick it through the goal posts.

Ken Thorkildsen — Feed it to dumb reporters.

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Breakfast Lunch Dinner

LHS girls headed for a super season

by Kem Pinneo

"Young Potential" is what this year's Royal's girls have. There are forty girls turning out, most of whom are sophomores. There are, however, two returning letterwomen, Pexa Twitchell and Connie Musgrove. Pexa will be leading the distance runners in the mile. And Connie Musgrove and Candy Baxter will be leading the sprinters in the 100, 220 and the 440 and 880 relays.

As in the past, the girls will be "strongest in sprints." "Field events have always been their weakness in the past, but they are improving and looking promising" says coach Lewis.

Unlike other sports, the varsity home meets will not be held on our school track, but will be held on the Edmonds High School track. Junior Varsity meets are not on the same day as in basketball and wrestling varsity meets, but are held a day before or a day after the varsity meet.

The girls are working towards a great season and positions in the state meet. Good Luck!

Royal softball starts; coach picks the team

by Betita Castro

Although it is very hard for a coach to have to cut, it has got to be done. After a week of practice with all girls who were interested in turning out, Mr. Gale filed out the team down to 17 players.

Lynnwood's softball team has been picked, and is getting ready for its first game. The first game will show just how tough a team they really are. It will test them in how well they can handle themselves in certain situations, both offensively and defensively. Their first game is against Everett High School, who is one of the toughest teams in Western Conference. Last year the Royals lost once to Everett, and beat them once. Hopefully, they will beat them both times they play them this year.

This year's softball team consists of, seniors: Bonnie Benefield, Carol Duncan, Dee Dee Nance and Betita Castro. The juniors on the team are: Cindy Maninger, Billa Stovall, Melody Jepson, Candy Romberg, Sharon Trimmer, Sue May, Sue Kumma, and Donna Ferguson. The sophomores of the team are: Becky San Cartier, Donna Elgin, Kristi

Sandberg, Lori Hartelius and Nancy Wojack. This year's managers for the team are: Donna Fanning, Michelle Loomis, and Kelly Waddell.

Mr. Filer's team plans on being the toughest team in WESCO, and if any other team thinks differently, they are going to have to work hard to win, because the Lynnwood Royals will put up a strong hard fight before they lose a game.

Sixth season begins for tennis

by Mark Olsen

Unpublicized as it is, tennis will swing into its sixth season. In the past, the Royal Racketeers have not fared too well, but Coach Hanlon is very optimistic. Coach Hanlon is hoping for a strong performance from his 3 returning Lettermen, who are: Bruce Jones, Steve Smith, and John Karns. Also turning out are: Adrian Davis, Mark Olsen, and Dan Hamre, who also made the Varsity squad.

There are about 30 players turning out and only the top 14 will get to compete in Varsity or Junior Varsity.

Bruce Jones and Steve Smith, our two top tennis players, both feel that this year's team will be much more competitive than last year's team. Bruce also feels that tennis in the future, has a brighter outlook at L.H.S.

Royals finish third

by Ken Thorkildsen

On the weekend of March 6 the Royal chess team completed their 1975-76 season with a third place finish in the state tournament.

The Lynnwood squad, led by captain Russ Ridderbusch, finished the regular season with a record of 34 wins, two ties and no losses. This record gave the Royals their second Wesco championship in as many years.

The Lynnwood team includes Bruce Jones, Charles Oivier, Frank Degnin, and Steve Hall, as well as Ridderbusch. They are coached by Mr. Gale Filer.

While they won four of their five matches the Royals could not quite edge out Ferris of Spokane and Lakes of Tacoma, who finished first and second respectively.

Royal baseball team opens against Hawks

On Monday, March 15, the Royal baseball team made its seasonal debut.

The Lynnwood sluggers lost the game 0-4 to visiting Shoreline high, but followed, the next day with an impressive 11-3 win at Marysville-Pilchuck.

Wednesday, March 17 found the Royals hosting Lake Washington in the final non-conference game of the week. The Royals lost this game 3-7.

On Friday, March 19 the Mountlake Terrace Hawks hosted the Royals in the first conference game of the 1976 season. Many Lynnwood fans braved the cold and hail to see their team do battle. The score was tied 1-1 through most of the game until the Hawks pushed two runs across in the last half of the fifth inning to take the lead 3-1. Lynnwood was unable to make up the difference in their remaining trips to the plate and lost 1-3.

Sports Comment

Super season in sight from eye of tracksters

by Ed Smith

"I am very confident that this could be a super season."

This statement by track coach Duane Lewis reflects the outlook of the 1976 track team. This optimism was given a boost when the team defeated Woodway on their first outing of the season.

For the first time in several years, the team has a number of experienced people returning, and a fair crop of sophomores to back them up. Most of the team's strength lies with the distance men, who, under the direction of coach Goshorn have established themselves as a formidable bunch, with returning lettermen Mike Stolp and Steve Jurich leading the way.

Another strong area for the Royals is the pole vault, with

Tim Austin holding the second highest returning vault in the state. The sprinters have Dana Hagerman returning, Steve Hall, Mike Baker, and Ed Smith are back to run the hurdles, the long and triple jump have Rick Thaanum and Dan Vannoy, and Randy Hackworth is back to put the shot.

This year has been one of vast improvement for many athletic teams here at Lynnwood, most of which have broken long strings of losing seasons. The track team too is greatly improved and in time hopes to become a track power. So, if you want to see how a team goes from "rags to riches," come on out to the Edmonds stadium after school today and watch the track team compete against Everett.

Royals lose on 'fluke' attempts

On March 12, the opening game of the 1976 soccer season, pitted the Lynnwood Royals against the Inglemoor Knights at Pop Keeney Stadium in Bothell. The Royals were defeated by the Knights 3-0. The Royals gave up 2 goals in the first half to Inglemoor and held them to one goal in the second half.

Lynnwood came close, on many occasions, to blemishing Inglemoor's shut-out. In the last few minutes of the game, Lynnwood's shots were hitting the post, the crossbar, over the top, wide, and even the goalie, but it never went in.

The team in the second half started to look like a good soccer team. The Royals have a skillful team but they just couldn't put one goal in as Inglemoor had some fluke goals.

Read about the ROYALS in the

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LHS activities very plentiful

Even though 1976 is only a couple of months old, it promises to be a year that will long be remembered by many of us.

On the national and international scene, it is the year of the twenty-first Olympiad; it is a Presidential election year, where for the first time in the history of this great nation the incumbent was not elected by the people; and it is the 200th anniversary of our declaring independence from England.

Nineteen-seventy-six will be remembered here at LHS too. While we have lost the "Lynnwood Look" of the eight period/time management class schedule we have made and are continuing to make our name known in varsity athletics. Even the Lynnwood stage band has been ranked among the best in the area.

Even though we are at the end of the third quarter of the school year there is still time to make this year even better. The best way to make a year good, or to make a good year better is by having active student involvement.

Get out and support your school. Whether you're cheering the basketball team on the victory or applauding the concert choir after a song, they will appreciate your support.

Don't just sit around and talk about how bad the student government is. Get involved, make your view known, and you can see things get better.

The easiest way to become involved in LHS is to join one of the many great clubs or groups around school. There are enough clubs in our school so that everyone should be able to find at least one to join. If not, you can talk to your BOC representative and find out how to form your own club.

Think about it, and then get involved.

OPINION

Prepare for summer

by Jo Ann Lee

Saturday, March 20 marked official beginning of Spring '76, but we at Lynnwood all felt its arrival weeks ago. Somehow, we Western Washingtonians have developed a sixth sense about the changing of seasons. We intuitively know when Spring is here, for Spring is but the sweet prelude to that glorious time of sun and fun—SUMMER!

Already you can hear the faint buzzing in our halls of learning, "What are you doing this summer?" Plans are being formed, then scratched, and soon new plans and ideas are racing through our minds. For many of us, summer means finding a job; making the rounds in applying for jobs becomes a popular pas-

time about this time of year. Although the outlook may appear bleak at first, there are jobs just waiting to be filled. If you move your tail fast enough, you could be one of the more fortunate ones. And if you get discouraged, remember that it has long been observed that summer is more enjoyable with money in your pocket.

Summer '76 promises to be a memorable event; we Americans will be throwing the most stupendous birthday party ever, celebrating America's first 200 years of greatness. What more could be packed into an all-too-short vacation from school? So, everyone get ready for Summer '76 and when it rolls around, have a blast!

Jobs are tough to find

by Matt Geisenhoff

There are no two ways about it; 1976 is a bad year to be looking for a job, especially if you are young and inexperienced. According to experts nearly one out of every ten who are now working will lose his or her job this year. The high unemployment rate means that jobs and training programs are going to be difficult to find, particularly for graduating seniors, even those who are well trained.

There are various causes for the tight job market. Because we are in a recession, businesses try to cut back to a skelton staff of their oldest and best employees, reducing the number of available jobs. Also, many seniors who might have gone on to college now enter the job market after graduating, discouraged by the rising costs of higher education. It seems an ailing economy is a

double jinx for job-lookers; it creates less jobs while spurring an increase in the work force.

A few years ago, when our economy was booming, seniors could waltz out of high school with their diplomas and into jobs or training programs in whatever field appealing to them. Jobs seemed guaranteed, even if the pay was low. Workers were so scarce that it was easy enough to try your hand at many fields, until you found the one best suited to you.

This has all changed. Seniors today are hard-pressed in finding a job and, whether it suits them or not, any job that pays is a good job.

Skagit Speedway

Skagit Speedway announces the inception of a new student admission program this year. Any student who sends his name, address, grade and school shall receive by mail a Skagit Speedway student discount card. This card will permit admission to the races at \$1.00 less than adult admission price, plus a free ticket to the first race on May 8, 1976.

After May 8 racing continues every Saturday night featuring the Super Stocks and Super Modified cars. In the Super Stock division Claude Cowell from Sedro Woolley will be back in his '69 Roadrunner to defend his title against the likes of Don Parnell from Anacortes in his number 33 Ford, also Bellingham's Gary McCauley in his Torino. In the Super Modified division 1976 champ Irv Westby from Arlington will be chased by 21 year old Myron Gemmer from Lynnwood, Ed Pearson from British Columbia, and 2 time track champion Ross Fontes from Seattle. In all there are more than 50 cars every race night.

American youth believe there isn't any influence

by Brian Giddens

For years, the youth of America has been brainwashed to believe that they have no power or influence in the political or social decisions of the country. Whether it be from the educational system, which often manages to treat them as if they're incapable of using their own minds, or from the surrounding social atmosphere, which tries to keep them enclosed in a cushioned security blanket, the fact is that America's young people are not reaping the benefits of being exposed to the national system, and are currently being wasted by the archaic attitudes of today.

One of the attitudes which has been so prevalent in the past is that teen-agers are not ready to handle the pressures of a confusing society. That they should have the opportunity to enjoy the ease of an effortless lifestyle. Such an idea sounds wonderful, and it may have been possible to do in the past, but it is ridiculous to try to shelter the young in the belief that they don't see what's taking place—they do see what is going on in society, and they cannot help but to recognize society's problems. Children are growing up faster than before, the country is more complicated than before, and there is a greater need to inform young people on how to cope with society, rather than to hide them from it. Instead of sending youth into a world which they are not prepared for, why can't a portion of their teen-age years be used in easing them into adulthood? Such a transition should not be made in one great jump, but should be done step by step in order for them to be functioning adults.

There are many ways to expose youth to the decisions which they face, but the main one is to find a way for their ideas and thoughts to be injected into society. To let them know that there is a way to become involved and accomplish something without having to wait

until they "cast their vote" at age eighteen. There is no better time than now, after the confusion and shock of Watergate and on the eve of a Presidential election, to educate young people on the workings of our country. If the youth of our country become involved while they are growing up, than they will be in a greater position to contribute something worthwhile as adults. After all, there is no greater education than life itself; why must it be kept from the youth?

Education about the environment

by Lori Nightingale

Way back when the high school students of today were the knee-high grade school kids of yesterday, big words such as "pollution," "ecology," and "environment" were virtually unheard of. Occasionally someone would come up with a clever little line like "Every litter bit hurts," but the kids didn't care. Milk Way wrappers fit more nicely on the ground than in the trash can, the ground was much more convenient. We received no education to the contrary in elementary school, ostensibly little or none at home. Not until high school did one receive any knowledge on the destructive actions we had all been committing since we were children, and only then if one took certain classes. By then, the bad habits had been imbedded in our minds, and habits are hard to break, although many are making a genuine and conscientious effort to do so. What must be done, however, is to start teaching ecology and environmental protection years earlier, from first grade on up to twelfth, giving concentrated studies in population control, pollution, proper land use, and preserving energy and resources. Certainly one wouldn't begin with sophisticated text such as high school students use, but, like learning that two plus two equals four before going on to calculus, the basics would be soaked up by young minds if taught early.

A group of students at LHS is attempting to convey their concern about the need for environmental education in elementary schools by writing letters to principals, the school board, and the superintendent, encouraging the institution of new programs. They are also going to tour the schools, giving either short talks to the children, or putting on skits or puppet shows, showing the evils of pollution and litter. The group's name is Youth for a Better Society (YBS), and more student involvement is needed to make an even greater impact. Anyone who would like to get involved in the group can contact the chairman, Brian Giddens, for details and information.

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