

HOMECOMING '75

Scott named BOC leader

On Tuesday, September 24, the student body of Lynnwood High School voted for their first semester Board of Control officers.

Running for president were Tom Retallick, Dean Costa, Doug Scott, John Degnin, Rick Diboff, and the only girl running for president, Bonnie Nortness. In the vice-presidential race, it will be Dave Miller, Francis Degnin, Cindy Faubion, and Ted Pittis running against each other. Dale Foote and Anne Meritt will be going against each other for secretary, and Russ Ridderbush and Sue Hill running for treasurer.

The next day the votes were tallied and all elections, except that of the vice-presidency, were surprisingly close. In the race for treasurer, Sue Hill won by the narrow margin of 21 to 18. Anne Meritt defeated Dale Foote by two votes in the race for secretary. Dave Miller won his race by a wide margin. It was a three-way race for president with Scott, Retallick, and Nortness finishing one, two, three respectively. Scott beat Retallick by two votes.

Talking to some of the nominees, they all feel that the winners will do an excellent job in their respective positions for the first semester.

New staff welcomed

This year Lynnwood Senior High School is very pleased to have sixteen new teachers, which has caused a nearly complete turn over from last year's staff. We would like to extend a warm welcome to Mr. Stephen Burger, who is our new biology teacher. Mrs. Barbara Carlson, an English 10 and 11 teacher, Mr. Cunningham, the new band director, Mr. Dobberfuhl, a math and science teacher, Mrs. Fuhrman, now the new head of the Learning Resource Center, Mrs. Houff, an English 10 and 11 teacher, Mr. Gabe Mathis, the new auto basics teacher, Mrs. McElliott, the new French teacher, Mr. Neilson, who is teaching in the auto shop department, Mr. Patterson, a history 10 and 11 teacher, Mrs. Rudek, who is teaching in the pre-vocational department. Mrs. Nancy D. Smith, a returnee girls physical education teacher, Mr. Vance Spangler, a boys physical education teacher and Mr. Bob Torney a metal and woods shop teacher. We hope that they will all enjoy teaching here.

Since the beginning of the new school year, we have lost a total of three teachers from the new staff, due to the fact that enrollment of students was not high enough to keep these teachers here. The near turnover of the faculty was the result of rehiring rified teachers from a district wide pool.



The Homecoming Court for Lynnwood High School included 5 seniors, 2 juniors and 1 sophomore. Pictured from left to right: Sophomore princess Carla DeValdez, Junior princesses Penny Powers, Chris Green, and queen candidates Brenda Harris, Sheila Farrar, Kim Williams, Andrea Goodlund and Pexa Twitchell.

Homecoming nominees chosen

Tonight at the Homecoming football game with Meadowdale, the Royal Homecoming Court will be introduced to the public in a special halftime show entitled "RETURN TO CAMELOT."

The Court will consist of Carla DeValdez, the Sophomore Princess, Penny Powers and Chris Green, the Junior Princesses; Homecoming Queen of 1974 Miss Shirley Ammons, and the five Senior Princesses: Brenda Har-

ris, Andrea Goodland, Kim Williams, Sheila Farrar, and Pexa Twitchell.

After the game, the Homecoming dance will be held in the LHS Commons where Miss Ammons will give up her crown to the senior who has been elected to reign as Homecoming Queen 1975. The new queen will wear the crown until Homecoming 1976 where she will turn it over to the queen for 1976.

The five seniors were nominated by various school organizations. Nominations came from Marching Band—Brenda Harris; National Honor Society—Andrea Goodland; Pep Club—Kim Williams; Varsity Club—Pexa Twitchell; and Sheila Farrar by the Senior Class. Sophomore and Junior Princesses were nominated and elected in their English classes.

Week promotes spirit

Homecoming week activities have been numerous and excitement-filled here at LHS. Special events were planned for each day, winding up with tonight's game against Meadowdale.

Exchange program promotes goodwill

The foreign exchange program was originally designed to allow students to experience new ways of life in foreign countries. It is also to promote understanding and good will among the countries of the world.

This year LHS is fortunate enough to have several exchange students from different countries. They include Jang-mi Ko and Jung-wok Ko from Korea, Luan van Tran from Viet Nam, Nikolas Bridel from Switzerland, Rafael Franca from Brazil, and Eva-maj from Sweden.

Two LHS students are on an exchange program to Japan this year. They are, Kathy Reese, a senior, and Carol Uyeda, a junior.

If any students are interested in hosting a foreign exchange student from South America during their stay in the United States while attending school, contact Ms. Gloria Meyers in the Foreign Language Department.

Monday's event was a slave auction during lunch in the Commons. Students were sold to other students as slaves for Tuesday, designated as Slave Day. That day brought many a student wearing signs, funny clothes, and whatever else their masters desired.

On Wednesday, it was Fifties' Day, bringing rolled-up jeans and ponytails to L.H.S. Homecoming princesses were officially announced.

Clash Day had students coming to school in mismatched clothes on Thursday. That night

found curious parents attending Back-to-School Night, Lynnwood High's open house, followed by the traditional Bon Fire.

School colors was Friday's theme. Many showed up at the Pep assembly wearing black and gold.

A poster contest between classes has been going on all week. The downstairs hall displayed the Sophomores' work, Juniors were in charge of the upstairs hall, and Senior's posters decorated the Commons. The prize will be the money from the slave auction.

News Briefs

Don't forget Homecoming tonight! Varsity football game against Meadowdale at Terrace 7:30 p.m. Dance to Collage from 10:00 to 12:00 p.m. after the game.

Juniors: PSAT/NMSQT (Preliminary Scholastic Aptitude Test/National Merit Scholarship Qualifying Test) is scheduled for October 21. Test fee is \$2.50. For information contact the counselling center.

Seniors: If interested in attending an out-of-state college, or applying for those scholarship programs which require SAT scores, contact the counseling center as soon as possible and pick up registration materials.

Any seniors who missed the Washington Pre College Test in the Spring will have the opportunity to take a make-up test Saturday, October 11, 8:30 a.m.—3:00 p.m. Sign up in the counseling center. It is the only admissions test required by Washington State colleges and universities.

What about the rified teachers?

For those of you wondering what happened to those 28 teachers who were rified last year, many have taken on jobs quite different from those they had performed here at L.H.S.

Mr. Doug Gross, a former typing teacher, is selling real estate in Kennewick. Ms. Betsy Marinacci was the French teacher last year and has moved to Ellensburg with her husband while he completes school. She recently became the mother of a son named Joshua Michael. Mr. Tom Redman has switched from being an English teacher last year to working with the new Seattle pro football team, the Seahawks. Mr. Evert Sulphin, whom at one time was teaching English is now running a private painting and window replacing company.

Some of the teachers have chosen to accept teaching positions in other districts. Mr. John Voytko is keeping busy as a teaching assistant at the U.W. Mr. Gerry Marsh is now teaching in the Northshore school district. Mr. Nick Schultz is now teaching in the Shoreline school district, as is Ms. Peggy Stevenson. Mr. George Martinec has accepted a teaching position at Bellermine Parochial High School in Tacoma. Mr. Pete Frey has transferred to Lynnwood Jr. High and is teaching one class at Terrace. In addition, he is Terrace's soccer coach. Ms. Charlotte Bushue has turned down a position at Meadowdale Jr. High and is at present a housewife.

Two teachers have elected to continue their education. Ms. Anita Kain is attending Ohio State University to earn her Masters degree in teaching English as a second Language. Ms. Kitty Nelson will be attending the U.W. this fall.

Some of the teachers were fortunate enough to be offered back their positions here at L.H.S. They include Ms. Alona Blakemore, Mr. Bob Carlson, Mr. Jerry Clay, Mr. Norm Curtis, Ms. Donna Fish, Ms. Kay Lagerquist, Ms. Gloria Meyers, Mr. Sven Nielson, Ms. Ann Putnam, Ms. Barbara Sievertson, Ms. Karen Birkinbuel, and Ms. Michelle Deebach.

LHS Royal Court needs volunteers

The Royal Court (Kings and Queens) is for parents. Many committees are offered and need your help.

Some committees offered are: LRC volunteer work, Chaperones, music, telephone committees, and general help. This is a good time for sophomore parents to see and learn about activities and group committees here at LHS.

The Royal Court offers an opportunity for parents to become involved with their children's education. Only through involvement can the changes you desire be made. Be concerned, support the Royal Court.

OPINION

LHS changes 'only surface wounds'

*"What we have we prize not to the worth
While we enjoy it, but being lacked and lost,
Why, then we rack the value, then we find
The virtue that possession would not show us
While it was ours."*

William Shakespeare
That is the "value of things lost." And we at Lynnwood Senior High feel it in several ways, shapes, and forms. Be-

cause of last years levy failure, and subsequent lack of school funding, LHS has, by decree of the Edmonds District #15, on the surface become just another school. Gone are the luxuries we once knew. The eight mod day, time management, no passes, all have been reluctantly tossed away, to be replaced by study halls, six one-hour periods, and designated hall passes. In short, we have joined the ranks of all the other high school kids ar-

ound, with one difference. We, particularly the juniors and seniors are not used to it, and with the onslaught of study hall supervisors well trained in the art of discipline, it is not unusual that we should resent and object to it. Hence, complaints, insults on the system, and a barrage of other comments not fit for a respectable newspaper to print are being uttered by the students. As we found out all too quickly, "life is not a bowl of cherries."

Each coin, however, has two sides, both of which must be examined. The changes at LHS are only surface wounds, nothing deep down. After all, "beauty is only skin deep", and once that outer layer of beauty is stripped away, then one can fully appreciate the character that lies beneath. For example, the basic philosophies of Lynnwood have not been altered. It is still a school dedicated to the betterment of the students mind and body, in a free and open minded way. We still have one of the finest teaching staffs and a great administration. What we are now receiving is a good education, minus the frills. But before we can appreciate this education we have to overcome the resentments and objections, and face up to what we're dealing with, like mature adults. After all, life may not be a bowl of cherries, but you can sure bet that it isn't a bunch of pits either.

Funeral racket satire

By Lori Nightingale

Sleepy Acres Memorial Gardens recently developed a new advertising campaign which allows their customers a wide variety in the inevitable choice of a final resting home. Ranging in price from \$500 to \$50,000, this lovely, green, peaceful, albeit morbid establishment has a burial plot and casket for just about everyones needs, desires, and pocketbooks.

Most of the burials are sold in package deals, the most extravagant being the King Tut Special. For \$49,500 (without tax and license) the beloved deceased receives; one solid mahogany or ebony casket with plenty of room in it ("We give three feet for your two legs"). The exterior is bordered with tiny, hand carved ivory angels and studded with diamonds, while the interior is done totally in satin and velvet in a choice of four decorator colors. The burial plot of one beautifully landscaped acre includes one small grassy hill, one artificial bubbling brook with small waterfall and one 6' by 3' pure marble headstone with choice of inscription. The ceremony consists of a sermon by the Rev. Billy Graham, two hymns by the Mormon Tabernacle Choir, and either

Elton John doing "Funeral For A Friend," or Anita Bryant singing "Glory Hallelujah," depending upon the buyer's personal taste. Other odds and ends included in the deal are; six smartly attired pall bearers in basic black, 1,000 pre-potted flowers in colored foil and ribbons, 200 RSVP invitation and thank-you cards, and a special catering service designed specifically for Irish wakes. All in all it's a great buy, and a luxurious way to go.

For those who can't afford such grandness, Sleepy Acres offers the low budget Economy Plan, for \$500 total. This lovely little deal includes a simply elegant knotty pine coffin decorated with two plastic laminate angels in Ethereal White, and lined with sturdy vinyl in the same color. The burial plot is cut to the dimensions of the casket and comes complete with a do-it-yourself landscape kit, (trowel, watering can, and 49 marigold seeds). The service offers one hymn sung by the neighborhood high school choir, the 23rd Psalm recited by a beloved relation, and for the Catholics, a blessing from the local priest. Along with 25 thank-you cards this deal is hard to beat and is a nice down to earth way to end one's days.

These are but two of the funerals that Sleepy Acres has to offer. Family plans and long-term financing are available and for those buying more than one burial at once, a special bonus gift of one engraved photo album will be given. Thus, don't forget Sleepy Acres when the time comes around, and remember their motto; "If we can't bury you, **nobody** can".

Staff

The "Royal Gazette" is produced on an independent study basis by the advanced journalism class of Lynnwood Senior High School, 3001 184th S.W., Lynnwood, Wa 98036

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Mark Ryan



Go
Royals

Counselors request cooperation of all

TO: The students and staff members of Lynnwood Senior High School.

FROM: Frank Fujioka, Robert Schmitz, & Darlene Simpson—Faculty Cabinet.

SUBJECT: Plea for continued support, patience, unity, cooperation and VERY SPECIAL THOUGHTFULNESS

Dear Friends:

Last spring we all knew it was going to be different and that it was going to be difficult in ways to which we were not accustomed when school opened in the fall. That has certainly proved to be true. The spirit put together so far has been remarkable.

Our most visible problems have been in the loss of teachers this fall, the increased class sizes, and the shortage of materials and ability to plan classroom and extra-curricular activities. Still, we have at least three wheels off the ground and have even won our first three football games! Instructors and administrators have assumed extra responsibilities and, at this point, are moving ahead a day at a time.

Maybe less visible to everyone has been the serious cutback in supportive services—LRC, Secretarial, and Counseling. The restricted library service is by now apparent to everyone; but every energy is being put forth to restore service. The position of Career Counselor was removed and, along with it, the many services that John Grantier performed in the areas of aptitude testing, vocational guidance, and field trips. Along with the removal of that position was the removal of the vocational secretary, Nora Bankston. In the Counseling Center there are three and one-fourth rather than four counselors and one rather than two secretaries. That department is at least three weeks behind already in the counseling services that they have previously been able to offer. Mrs. Louise

Lien, the secretary in the Counseling Center, is trying to learn the responsibilities of this position and at the same time is trying to replace two people—an obviously impossible task. In the Main Office Mrs. Lee Dastis and Mrs. Fran Peterson are trying to do the work of three people—another obviously impossible task.

... Ask the secretaries for extra help only in emergencies. They can perform the tasks to which they are assigned and which they must perform **only if we can become more responsible for ourselves.** Don't bug them for change or information which was just announced over the P.A. or in the bulletin. We all must listen more carefully and become more responsible. Some of the extra services which were gladly rendered last year simply cannot be performed this year. It is our collective responsibility—staff and students alike—to protect their sanity at this time.

... Refer all questions regarding activities and the NYC program to Mr. Jim Gaddy. His office is in the Commons.

... Refer all problems or questions regarding attendance, work experience credit, and Graphics projects to Mr. Ron Robinson.

... Refer medical and health concerns, as well as free or reduced price lunch program applications to Mrs. Edith Kirkpatrick. She is here on Tuesday, Wednesday, and Thursday.

... Try planning ahead. Try putting written requests for information or supplies and/or appointments in the appropriate boxes in the Main Office.

There are four counselors—Mr. Aliverti, Mr. Fujioka (Mods 1 and 2 daily), Mrs. Schmitz, and Mrs. Simpson, who are doing their best. And when all else fails, there is a gentleman by the name of Jerry Karnofski, a real leader in the land of the Royals, who is still trying his best to help.

And there are 1344 of the finest students in the area as well. We, the entire Royal Family, could not be where we are right now without the patience and support shown by the students.

Let's put our hearts to keeping this beautiful school beautiful, in spite of our losses, and take good care of each other. Let's pick up our own garbage. LET'S DO IT NOW!

THANK YOU ...
Mrs. Darlene Simpson
Mr. Frank Fujioka
Ms. Judy Schmitz

Beat Meadowdale

Counselors deserve 'Royal' thank you

Have you ever wondered who figured out your classes, your credits and report cards? The people who do all this work are the counselors. In previous years we've had more counselors, they've worked longer, and had less students to work with.

Due to the levy loss last year we've had to cut back to our school administration, which resulted in the loss of a counselor. The counselors we have now are Mrs. Simpson, Mrs.

Schmidt, Mr. Aliverti, and Mr. Fujioka. Usually the counselors come in 10-20 days before school starts to get every thing ready for us. But this year they came in ten days late! Can you imagine the job they had registering over 1300 students in three days, and all the small crisis associated with the registering of students.

We think it's time we recognized and thanked the counselors for all they have done for us and the school.



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New attendance policy at LHS

The start of a new school year has brought with it a new attendance policy for LHS.

The policy is as follows: For a student to gain the maximum learning experience from any class at Lynnwood High School, the student needs to be present for instruction during the semester. At Lynnwood High School new concepts and ideas build upon one another throughout the length of the course.

For the above reasons, 80 days of attendance each semester is considered a minimum for the student to receive credit from any class.

By the fourth absence the

teacher will have made contact with the home (normally telephone contact). After eight absences an attendance report or progress report will be sent to the student's home.

Any student who is a truant from school or "cuts" individual classes may be removed from class with a failing grade and loss of credit. If a student is removed from a class, the student will be placed in a supervised study hall. (This would mean that a student could be removed from class for a simple cut.)

Teachers will handle tardies as they see necessary and on an individual basis.



Cheerleaders performing at game include from left to right (front row) Deanna Patterson, Cindy Garber, Carolee Clapp, Faith Asbery, Tammy Lien, Colleen Russell. (Back row) Ronda Thornson, Kem Pinneo, Liz Anderson, and Pexa Twitchell.

Cheerleaders promote Lynnwood spirit, pride

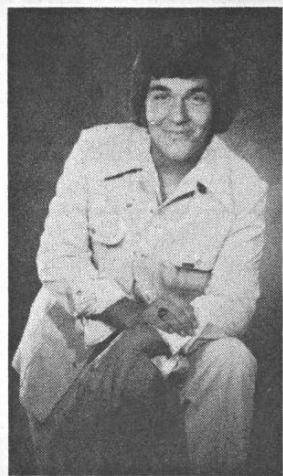
Homecoming is here and with it we've been noticing a lot of spirit thanks to the new 1975-76 cheerleaders. Their recent performances at games and pep assemblies represent a lot of hard work that really shows.

This year's squad include Faith Asberry, junior; Liz Anderson, junior; Cindy Garber, junior; Tammy Lien, junior; Kem Pinneo, junior; Ronda Thornson, junior; and Pexa Twitchell, the only senior. The two mascots are Deanna Patterson, junior, and senior Colleen Rusell.

The cheerleaders do a fine job cheering but that represents just a small portion of the work they are responsible for. Just a few of the things they keep busy doing include decorating athletes lockers, making T-shirts, planning pre-game activities, making posters to decorate the halls just to mention a few.

Even with all the activities, the cheerleaders do find time for their own personal favorite activities and hobbies such as Faith likes tennis, swimming, and waterskiing. Liz likes volleyball, sewing, cooking, and Fred Campbell? Carolee likes bike riding, crochet, and sewing. Cindy likes plants (cactuses), John Denver, and to drive her truck. Tammy likes dancing, shopping and cooking. Kem likes skiing, hiking, bike riding and general sports. Ronda likes to drive, likes plants and cooking. Pexa likes crosscountry, hiking and going places. Deanna likes to read, sleep, swim and to go camping. Colleen likes driving, sewing and to go shopping.

The cheerleaders asked us to thank all those who help them in supporting school spirit. We would like to take this opportunity to thank the cheer squad for a job well done.



"Where Seniors Get More"

Happy Homecoming

ARJAY'S Studio of Photography

INSIDE FRED MEYER'S LYNNWOOD

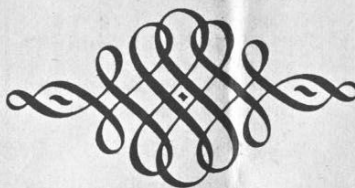
Dave Hampton named Concert Gold Medalist

David Hampton has been named a 1975 Gold Medalist to represent School District #15 and will join ranks on Sunday afternoon, Oct. 12 at 3:00 p.m. at the Woodway Senior High School gymnasium with the Symphony members in a performance of Aaron Copland's Lincoln Portrait. The Seattle Symphony is one of the nation's top ranking orchestras and its music director and conductor, Milton Katims, is internationally renowned.

Mr. Hampton, is a senior at Lynnwood Senior High School and has been studying the bassoon for the past five years with two years of clarinet prior to that. During seventh grade at Lynnwood Junior High School there was a need for a bassoon player, so he tried it and has enjoyed the instrument ever since. He belonged to band and orchestra in junior high school and also participates in senior high school. David just recently became a member of the Seattle Youth Symphony Association and is a member in the orchestra for Sound Expressions Theater. In his leisure time he enjoys sports and coin collecting. He plans to attend college and electricians apprenticeship school. David is the son of Mr. and Mrs. J. David Hampton of Lynnwood and has one sister, Mrs. Meryl Hutchinson and one brother, Glenn.

Also appearing with the orchestra as a Gold Medalist will be Marcie Erickson, a senior at Mountlake Terrace High School, and Mike McGuire will be the narrator.

Tickets are priced at \$2.00 for adults and \$1.00 for students, and can be purchased at the door.



Fujioka begins counseling

This year for the first time at LHS, we have a part-time teacher, part-time counselor all in one. His name is Mr. Frank Fujioka.

For the first two mods in the morning, Mr. Fujioka spends his time counseling. In the afternoon you can find him in the classroom teaching Modern Japan and Jap-



Dave Hampton, front named Gold Medalist to represent School District No. 15 with Seattle Symphony.

Chimera represents the wild and fantastic

Why did Lynnwood pick a Chimera for a mascot? Chimera was a fire breathing monster in Greek mythology. It had a head of a lion and a tail of a dragon. Its body was shaggy like that of a goat. For many years, the chimera ransacked the lands of Lycia and Carea. The king of Lycia ordered Bellerophon to destroy the monster. Athena gave Bellerophon a golden bridle with which to tame the winged horse, Pegasus. Then Bellerophon flew over the chimera and killed it. The word chimerical is used to describe anything wild or fantastic.

Chimera certainly defines the Lynnwood Royals well.

'Laureate' more than popularity

Laureate! crowned or decked with Laurel as a mark of honor having deserved high honor or recognition in a field.

Poet Laureate! A poet recognized or acclaimed as the most eminent or representative of a country or locality.

Many people get the impression that in order to be "Laureate of the month" you need to be well known among the student body and be an all around likeable person. Don't be deceived this isn't the goal to all.

The South Snohomish County Exchange Club honors one boy and one girl each month as Laureates of the Month at Lynnwood High School. They are selected by our faculty and staff, with each one submitting their choice on a confidential ballot.

They look for quality of the students in these fields: (1) Participation in recognized school clubs or activities; (2) Citizenship (3) scholastic and/or special service to the school or community.

It's an honor to be a Laureate not a popularity contest. The Laureates will soon be elected for the month of September.

Yearbook sale

Have you purchased your new yearbook yet? If you haven't the time is now to buy it. To purchase one you must contact Mrs. Alona Blakemore in room 14, the price is a mere \$7.50. This years yearbook will consist of over two hundred pages full of color and black and white pictures, so what more could you ask for than to buy one of the finest made yearbooks in our schools history. They will be sold October 6-10 in the Commons during lunch.

Pringle Marchand

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Royals tied for WESCO lead; win first 4 games

Will face tough Chieftains tonight

FOOTBALL

A new football season was opened this year with a well deserved victory over the Terrace Hawks on Sept. 6. The Royals got their first taste of a conference victory since 1973. The score was 12-6 in an exciting overtime crash.

September 20, our black and gold showed that they were ready for the Mariner Mauraders.

At the sound of the gun, ending the game, the score was tied up at 0 to 0. Lynnwood again went into overtime. Waiting till the last minute to prove themselves, Lynnwood became 2-0 with a handoff from Mark Davis to Mike Mann!

Edmonds was next on the schedule, but this time no overtime was needed. Lynnwood won the game with a 17 play, 70 yard drive. Mark Davis took the ball into the end zone on a five yard quarterback sneak. The touchdown gave Lynnwood that extra rung on the ladder.

But that's not all! Lynnwood vs. Cascade in what was determined to be a wash-out for Lynnwood—according to the **Seattle Times**—was another victory and a well deserved one at that. In the first quarter Cascade received the ball and went 63 yards for a Bruin touchdown, their extra point was good and the Bruins took command of the ball game. But the Royals weren't about to lose. After a bad Bruin snap to their punter, Lynnwood recovered the ball on the Bruin 30 yard line and two plays later Mike Baker broke in for a Royal touchdown. Gary Chamberlain made the extra point. With the score tied at 7, Lynnwood was on the 18 yard line, and the field goal team came out on the field with Glen Sigler back to hold the ball and Gary (Golden Tow) Chamberlain ready to kick. The ball was snapped, placed on the block and Chamberlain kicked the ball for the big 3 and Lynnwood moved ahead 10-7 and it stayed that way to the



Chamberlain adds finishing touch.

sound of the gun. Lynnwood chalked up another win and got one more notch on their belt.

This is now Homecoming week and Lynnwood has their toughest game tonight. Meadowdale is going to be no push over. Besides us, they're the best team in the conference. Help your school stay on top. Support them like you have supported them all this year. And we can win.

Good luck to the following players:

- | | |
|-------------------|--------------------|
| Varsity: | |
| #9 Steve Scott | 61 Jim Shafer |
| 10 Mark Davis | 62 Jeff Anderson |
| 11 Glen Sigler | 63 Mike Karstetter |
| 14 Mark Retallick | 64 Ken Thorkildsen |
| 20 Mark Powell | 65 Ken Opsata |

- | | |
|---------------------|---------------------|
| 21 Kyle Griffith | 67 Pat Conrad |
| 22 Mike Henry | 68 Paul SanCartier |
| 23 Dale Foote | 71 Paul Powers |
| 24 Mike Mann | 72 Howard Huffer |
| 31 Don Vannoy | 73 Chris Miller |
| 34 Dave Miller | 74 Alex Emme |
| 41 Bob Bruns | 75 Kelly Meldahl |
| 42 Don Wigdal | 76 Rick Lamoureux |
| 43 Mark Emery | 77 Mike Houle |
| 44 Mike Baker | 78 Richard Johnson |
| 45 Rob Meakins | 79 Dave Pennington |
| 50 Jeff Foote | 80 Norm Walker |
| 52 Mark Henry | 82 Randy Stansberry |
| 53 Gary Chamberlain | 86 Bob Bewer |
| 60 Matt Geisenhoff | 88 Mike Keim |

JV players are:
Brent Huffer, Kris Olson, Alan Smith, Mike Hanson, John Wyrick, Greg Westerman, Dan Hamre, Brad Pinneo, Scott Meakins, John Davidson, Bill Daily, Cal Griffith, Tim Corbett, Dave Brown, Wes Moody, Ted Lynch, Mike Millerup.



Royals at halftime against Bruins.

X-Country looks strong

The team was led by Steve Jurich who placed second over the 102 runners, followed by Mike Stolp who placed 11th, Jerry Stolp running 24th, Dean Hall 29th, Tom Kershner 44th, Tom Davidson 58th, and Steve Hall placing 59th. In the J.V. race Mark Olsen led the team to a 5th place finish out of 14 teams. In the girls race Pexa Twitchell took sixth place over a 2 mile course.

On Sept. 17, the Royal Cross Country team defeated Shoreline and Meadowdale here on the home Cross Country course. Shoreline took 1st place, but Lynnwood runners pulled through to pick up a 2nd, 3rd, 4th, 5th and 7th places to take the

win, with Meadowdale second and Shoreline last.

On September 30th at the Edmonds Invitational cross country meet the Royals again get tough to place 11th out of 48 teams. There were 7 heats with one runner from each team in each heat. In their heats Steve Jurich placed 19th, Mike Stolp did an outstanding job to place 1st, Jerry Stolp placing 6th, Dean Hall and Tom Kershner, 11th, Dick Pittis was forced to drop out of the race because of a foot injury.

Because this year's team is young with a good coach like Ernie Goshorn, the Royal Cross Country team should be going places.

A look at womens sports

Volleyball

With six returning letter-women: Melody Jepson, Carol Duncan, Laura Sanneman, Debbie Arnold, Karen Dawson, and Sharon Trimmer, Mrs. Case has an optimistic view on how her volleyball team will do this year. Lynnwood defeated all four schools; Edmonds, Terrace and Meadowdale in the Jamboree held at Edmonds High, Tuesday Sept. 16. Then, Thursday night, Sept. 18, Lynnwood defeated Woodway, 15-11, 15-0. Western conference play starts on October 7.

Tennis

Tennis started out good with a 5-0 win over Meadowdale. But, with the loss of Dena Mock; there will be a lot of changes. The team consists of eight seniors: Ronna Laycock, Dena Mock, Debbie Gomes, Robin Benham, Cheryl Herrera, Janet Eaton, Cindy Faubion and Linda Mowbray; 5 juniors: Jan Mathewson, Debbie Bullock, Cheryl Benham, Debbie Strom and Julie Wentworth; and 2 sophomores: Carrie Davis and Lisa Dyer. The

team is hoping that their Captain, Dena Mock, will be with them toward the end of the season, for she seems to be the moral of the team.

SWIMMING

The girls swimming team seems promising this year. Returning are: Kim Borkenhagen, Loy Bucholz, Jodie Johnston, and Audrey Barr. New additions to the team include: Kelly Waddell, Lisa Holbrook, Sue Dormer, Shelly Johnson, Michelle Loomis, Terri Franklin, Jenny Logan, Connie Tangen, Sue Hoppenworth, Patty Werth, and Terri Hobson. With these returning and new swimmers, LHS should have a pretty good swim season. They are coached by Mr. Tom Stearns, from Lynnwood Jr. High.

GIRLS CROSS COUNTRY

In cross country, Pexa Twitchell is the main runner. She has shown outstanding performances in the past, and will surely do so in the future, according to Coach Ernie Goshorn.

October Sports Calendar

October 3	Tennis at Mead. 3:30 Swim at Terrace 2:30 Homecoming Football game at Mead. 7:30	October 18	Var. Football at Edmonds 7:30 Tennis Oct. 17-18 Sub-district
October 6	J.V. Football at Mead. 3:30	October 21	Volleyball at Lynnwood J.V. 7:00 Varsity 8:00
October 7	Tennis at Lynnwood 3:30 Volleyball at Lynnwood J.V. 7:00 — Var. 8:00	October 23	Volleyball at Edmonds J.V. 7:00 — Var. 8:00
October 9	Tennis at Everett 3:30 Volleyball at Meadowdale J.V. 7:00—Var. 8:00 Cross Country at Mariner 3:30 Swim at Terrace 2:30	October 24	Tennis Oct. 24-25 N.W. District C.Country Western Conference 3:30
October 11	Var. Football at Snohomish 7:30	October 25	Var. Football at Edmonds 7:30
October 13	J.V. Football at Snohomish 3:30	October 27	Volleyball at Lynnwood J.V. 7:00 — Var. 8:00 J.V. Football at Woodway 3:30
October 14	Tennis at Lynnwood 3:30 Volleyball at Lynnwood J.V. 7:00 — Var. 8:00	October 28	Swim at Terrace 2:30
October 16	Volleyball at Snohomish J.V. 7:00 — Var. 8:00 Swim at Terrace 2:30	October 30	Swim at Terrace 2:30 Volleyball at Lynnwood J.V. 7:00 — Var. 8:00
		October 31	Var. Football at Everett 7:30 C.Country N.W. District at Skagit Valley

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