

## Meadowdale, Lynnwood to share dominance of Wesco track

Lynnwood and Meadowdale may again battle for track dominance in the Western Conference this year. Each has talent returning.

The two schools shared the honors at the end of the season last year. Lynnwood took second at the Shoreline Invitational; Meadowdale and Lynnwood placed first and second, respectively, at the Edmonds District Championship meet. Meadowdale was first, Snohomish second and Lynnwood third at the Wesco fall and Meadowdale took first, Lynnwood sixth at the Northwest District meet.

Lynnwood isn't stacked with depth but there are what coach Duane Lewis calls, "outstanding individual performers" on the team.

Steve Scott, conference half mile champion last year, is back. So is Jeff Seely, who combined with Scott on the mile relay team that won the conference.

Saul Kinderis was third in the conference in the mile and has good half

mile speed according to Lewis. Mike Berg, second in the long jump does well in the triple jump, while Mark Farrar takes over the high hurdles.

JOHN TORRENCE broke the district shot put record in junior high school. The high school record, held by the same guy who held it in junior high — Bill Demerous — is still standing. The 6-4 200-pound junior Torrence will work on changing that. Torrence also appears a big favorite in the discus and, surprisingly, for a guy his size, a competitor in the triple jump.

Mark Christensen, fifth in the half mile last year, may turn out to be Lynnwood's sprinter this year, a department that is lacking right at the moment. He will also run the mile.

Bill Patrick is another high jumper. The 440 relay team that was fourth in the conference last year, returns with veterans Brent Huffer, Dan Stanaris, Fred Dykins and Larry Kautzman. Huffer, Christensen, Seely and Scott

make up the mile relay team. MEADOWDALE'S fame will ride on Shawn McMahon in the sprints. Mike Taylor is just about anything fast and Martin VanDyke is the same.

Dave Pearson holds the school record in the pole vault. Scott Taylor returns in the high jump. Herb Spearling went to state in the mile and Mike Wahlburn lettered in the 440.

Tom Pearce is a two-mile expert. Scott McKew throws discus and Chris Knight is another 440 man.

Coach George Nelson said maybe by the time the Western Conference meet comes around, they'll have someone ready for it. Sure looks like it.

EDMONDS COACH Lucky Klopp said the Tigers aren't strong as a team, but that there are some top performers (sounds familiar). It's true.

The biggest hole to fill is the sprints. There isn't one name Klopp can throw out and feel good about. Mark Stensland, however, covers the distances pretty well, as does sophomore Tim Peoples.

Howard Gaskins and Greg Olson carry their weight in the field events, as do Bernie Pulphus in the pole vault, Bruce Johnson in the long jump and Brian Portolano in the triple jump.

Phil Redd and Steve Bell like the 880. Mark Schnell runs the quarter mile. Pulphus and Snell will take on the high hurdles and Tim Lewis the low.

MOUNTLAKE TERRACE track coach Don Timmerman boasts only two returning lettermen off last year's team and expressed disappointment (at least two weeks ago) in the district's apparent lack of interest in spring sports, due to the lack of maintenance on the Terrace track.

"We're certainly not ready for the season," Timmerman said of the facilities.

Junior Tom McDonagh and Mike Gisebut, a senior, return to the team. McDonagh handles the shot and discus while Gisebut is a long jumper.

Other bright spots are Mark Brown in the pole vault and Bill Lauby in the low hurdles.

## Royals run easy, gain track wins

By JERRY STOLP

The Lynnwood Royals ran easily to their third and fourth straight victory of the season with an 81-51-37 victory over Everett and Cascade at Everett stadium Friday afternoon.

Lynnwood won the first three track events and went on to win all but three of the races around the oval. They also won half of the field events to lock up the easy victory.

Lynnwood had only one double winner in both track events and field events to show the depth of the young team has. Jon Torrence was a double winner for the third meet in a row with losses of 50'11" and 151'9" in the shot and discus, respectively. Larry Kautzman was the double winner on the track with clockings of 10.8 and 23.3 in the 100 and the 220.

Torrence and Kautzman are both just juniors. MARK FARRAR got the Lynnwood Royals lead for the third meet in a row with a 16.1 clocking in the high hurdles and a first place finish. Saul Kinderis won the mile in 4:34.8 with second place being a good 10 seconds behind. Mark Christensen won the 440 in 53.7 and Steve Scott won the half mile in 2:02.9. They both came back and were part of the victorious mile relay team that clocked a 3:40.5.

Mike Berg won the long jump with a 19'7" jump. Maybe the biggest surprise was the high jumper. Bill Patrick, a junior, had never gone over six feet in a meet but suddenly found the right combination and sailed a new school record 6'5". Credit must be given to John Wilson of Everett who beat Patrick anyway with a personal best of 6'6".

Lynnwood will next head for Oak Harbor

Thursday to try and keep their perfect record intact.

THE GIRLS hoped to find their third and fourth straight victory of the season but instead found themselves on the short end of the score. Everett had 53, Cascade ended with 46 and Lynnwood with 45 in a meet that close, any single event could have reversed the whole score entirely, but Lynnwood couldn't find that event.

Lynnwood was once again led by Jackie Henry. Jackie won the shot with a seasonal best of 47'2" and the discus also with a seasonal best of 122'9". Her shot put was the best in the state until cross country rival Carrie Albano of Meadowdale put it at 18'3".

Lynnwood's only other individual winner was Dee Bullock in the 440. She registered a 53.2 in very

unfavorable conditions. weatherwise. Lynnwood's only other victory came in the mile relay when they clocked a fine 4:33.6. Kelly Warren of Cascade (5th in state in cross-country) was a double winner in the mile and two-mile. Carol Stalp took second in her in the two-mile with a 12:26 time and third in her in the mile with a 5:55 time.

THE ROYALS cruised to their second straight victory of the season in track last week, beating Bothell, 86-50. The girls also remained undefeated this year, nailing Bothell, 72-40.

In boys competition, the Royals only lost two events in the meet and were led by triple winner Mike Berg. Berg took the high jump with a leap of six feet, the long jump with a 20 foot plunge and the triple jump with a new school record of 43 feet.

Other winners for Lynnwood were Shelly Gunderson in the 880, Jana Roberge in the 220,

14 inches. John Torrence and Jeff Seely were double winners, remaining undefeated in their respective events. Torrence took the shot put (52'3") and discus (141'4") while Seely won the 220 (24.0) and 440 (32.1).

Other winners were Mark Farrar in the high hurdles, Larry Kautzman in the 100-yard dash, Saul Kinderis in the mile, Kevin Mukhar in the low hurdles and Steve Scott in the 880.

ON THE GIRLS side of things, versatile Dee Bullock won the low hurdles and the 440 while Jackie Henry had victories in the shot and discus.

## Royal guys win, gals lose

By JERRY STOLP

It was the Lynnwood Royals who traveled up to Oak Harbor last Thursday for a Western Conference track meet and it was the Royals who came home with victory in hand 73-61.

Lynnwood's coach Duane Lewis was pleased with the Royals performance of nine first place finishes and three new school records.

Leading the way for the Royals was John Torrence who showed his versatility by winning the triple jump with a leap of 42'11", and the discus with a throw of 159'11" to set a new school record.

The other two school records were set by a pair of hurdlers, Mark Farrar and Kevin Mukhar.

Farrar covered the 136 yard high hurdles in the time of 15.8. Mukhar covered the 180 yard low hurdles in a time of 21.9.

Other notable performances of the day were Lynnwood's Saul Kinderis winning the mile and two mile with times of 4:30.4 and 9:57.2. Oak Harbor's Seth Hodges 1:58.6 880 yard run. Oak Harbor's triple jump with a leap of 36'11", and the discus with the 100' and 220-yard

dash in times of 16.4 and 33.2 and Oak Harbor's mile relay team victory covering the distance in 4:30.2.

WITH Oak Harbor winning 11 out of 14 events the Lynnwood Royals girls didn't stand a chance as they were defeated 86-28 on Oak Harbor's track.

The Wildcats showed all round team strength as they took eight second place finishes and seven third place finishes to go with the 11 victories.

Boys Results

120 yard high hurdles - Farrar (L) 15.8; 100 yard dash - Mattson (OH) 10.4; mile run - Kinderis (L) 4:30.4; 440 yard relay (OH) 4:34.8; 440 yard run - Seely (L) 51.3; high jump - Patrick (B) 6'2"; discus - Torrence (L) 159'11"; 180 yard low hurdles - Mukhar (L) 21.9; 880 yard run - Hodges (OH) 1:58.6; long jump - Berg (L) 20'7"; 220 yard run - Mattson (OH) 23.2; pole vault - Burrows (OH) 12'0"; shot put - Malesch (OH) 31'6"; 2 mile run - Kinderis (L) 9:57.2; triple jump - Torrence (L) 42'11"; mile relay - (OH) 5:30.2.

Girls Results

Two mile run - McElhenry (OH) 12:06.4; 80 yard low hurdles - VanderStoop (OH) 12.5; 100 yard dash - Blythe (OH) 12.1; shot put - Henry (L) 47'7"; mile run - Stocker (OH) 5:45.1; 440 yard relay - (OH) 5:28.6; 440 yard run - Roberge (L) 63.5; long jump - Malesch (OH) 16'11"; discus - Henry (L) 127'4"; 880 yard run - Galbraith (OH) 2:28.8; 220 yard dash - McCray (OH) 27.7; high jump - Massey (OH) 5'1"; 880 yard relay - (OH) 1:32.1; mile relay - (OH) 4:22.2.

## Lynnwood guys do it right, gals 'just walkin' in the rain

By Jerry Stalp

The Lynnwood Royals ran, jumped, and threw to their sixth straight victory of the season. The Royals easily outdistanced the Mariner Marauders, 88-31, while the girls ran into a problem.

Lynnwood was led by jumper Mike Berg who won three events for the second time this season. In the rain-soaked weather, Berg went 6'0", 17'5", and 41'10" in the

high jump, and triple jump, respectively. All were far from Berg's best, but very good considering the weather.

Two juniors, Kevin Mukhar and Larry Kautzman were double winners for the Royals. Mukhar won the high and low hurdles while Kautzman won the 100 and 220 yard dashes. Kautzman's 10.5 in the 100 was an outstanding time for the conditions.

COACH LEWIS made a

little shuffle in the line up with Wesco leader in the mile, but very good considering the weather. The 440 relay team that was fourth in the longer races as well as the shorter ones, and both were pushed to victories by their own teammates. Scott hung behind the leaders for three laps then used some of his 880 speed to open up a three-second victory over teammate Saul Kinderis. Before the race, Kinderis was number two in Wesco in the mile but watched his own teammate push him back to third as Scott cruised a 4:30.5.

Seely, unlike Scott, took the lead from the outset and held off a strong challenge by teammate Mark Christensen in the home stretch as both recorded outstanding 2:01.5's.

John Torrence was also a double winner for the fifth time in six meets in the shotput and discus. He threw the discus 129'2" just 10 inches back from his state lead. Lynnwood's mile relay team recorded the second fastest time in Wesco - with a 3:33.7 clocking.

THE LYNNWOOD girls found that the Friday rain wasn't the only thing that could swamp them as the Mariner Marauders gals took it to them 73-41.

For the sixth time in as many meets, Jackie Henry won two events with ease. She put the shot 47'1" and the discus 121'11" which are number 2 and 1 in Wesco, respectively.

Lynnwood only had two other winners in the whole meet and that came from the distance team. Laura Perry started them meet off right for the Royals as she battled the weather and the Marauders for a victory in the two-mile with a time of 12:42. It was to be Lynnwood's only of the day.

Carol Stalp was the

other winner as she won and teammate Shelly lead to score eight of the mile in a time of 5:45. Gunderson was second to possible nine in the mile.

## Royals extend track string to seven

By JERRY STOLP

The Lynnwood track team kept its undefeated string going but made sure it was exciting as they edged Snohomish with a 68-64 score. Lynnwood won nine of 15 events but had a lack of depth to ensure an easy victory.

With both teams switching lineups slightly because of big invitationals the next days found Lynnwood with two double winners. Mike Berg won the triple jump and long jump with excellent leaps of 42-11 and 20-1. John Torrence had to battle the wind as well as Snohomish as he won

the discus with a heave of 145-4 and then came back with the wind having little effect on the shot put for a 53-5.

Larry Kautzman won the 100 for the sixth time in seven Wesco meets. He clocked off a 10.7. Steve Scott, who has gone from the 880 to the mile and now down to the 440 in the last week, found that he can win in all three as shown by a 52.8 time in the 440 for a victory.

Jeff Seely, matched up against last year's N.W. District mile champ Monte Wright, ran an impressive 880 as he just hung on Wright's shoulder

for the whole race and then unleashed an impressive kick in the last 100 yards to win going away.

LYNNWOOD IS NOW 7-0 in Wesco and looks like the front runner for the Wesco championship. The Royals took a two-mile relay team down in the highly rated Highline Invitational and came back with a surprisingly easy victory. Lynnwood clocked an 8:06 with second place being thirteen seconds back. Lynnwood's quartet consisted of Seely, Saul Kinderis, Mark Christensen and Scott.

Tuesday, at Lynnwood's

only home meet of the year, they beat Juanita 89-60. Scott and Christensen's 880 race was the highlight of the meet as they ran impressive times of 1:59.4 to 2:00.5 in the wind and rain.

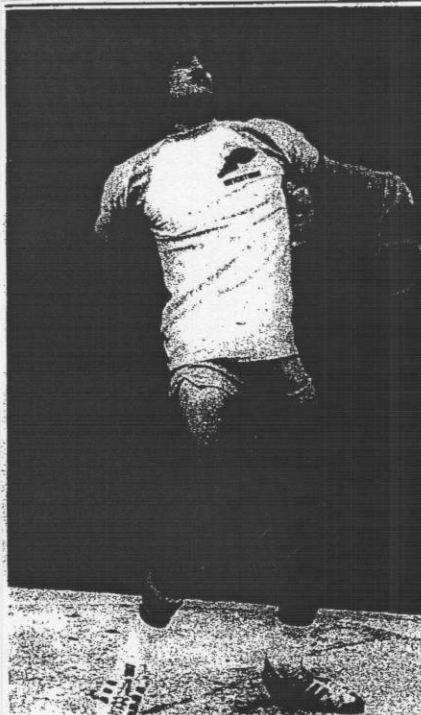
THIS LYNNWOOD girls lost a tough 80-54 decision to the Snohomish Panthers. The loss typified the girls' season as they have had to many close ones but seem to end up on the short end. It was a close meet, as both teams won seven events, but Snohomish happened to have the better second and third girls on that day.

For the seventh straight time this year Lynnwood was led by double winner Jackie Henry. Jackie has not lost the discus or shotput this year in Wesco competition. She easily outdistanced the field in the discus a 122'7 loss. Carol Stalp ran an uncontested two-mile and clocked in with a time of 12:12. Barb Winde was also a winner in the 80 low

hurdles with a time of 12.7. Sophomore Jana Roberge won the 440 for the Royals with a clocking of 35.5. Gloria Koltmar won the long jump with a leap of 14-8.

THE LYNNWOOD girls found it a little more comfortable on their own track as they were able to coast to their first easy victory of the year with a 30 point win over the Juanita Rebels.

Jackie Henry was again a double winner, but finally was not the highlight of the meet. Carol Stalp moved up to second in Wesco in the two-mile with a solo effort of 12:06.7. Shelly Gunderson won the half-mile with a 2:32 clocking.



## Throwing his weight around

JON TORRENCE of Lynnwood casts off in the discus event. Torrence currently leads the Western Conference in tosses and captured each weight event in the Shoreline Invitational Saturday. (Staff photo)

# Royals rack up win No. 8, charge through Shoreline invite

53

**By JERRY STOLP**  
The Lynnwood Royals made it eight in a row with an easy 87-47 victory over Marysville-Pilchuck last week.

The Royals won 12 of 16 events for the win.

By probably the biggest event of the week came at the Shoreline Invitational. The Royals came out in high fashion to win that meet by 33 points.

Against Marysville, Lynnwood was not at full strength since many of the athletes saved themselves for Shoreline. Nonetheless, the right people were found to salvage a win.

**WEIGHTMAN** Jon Torrence won the shot put and discus with efforts of 54-5 and 137-7, respectively. Other winners were Jeff Seely in the 220 (23.5), Brian Cole in the 440 (54.5), Saul Kinderis in the 880 (2:02.8), Mark Christensen in the mile (4:41.8) and Jeff Kwinski in the two-mile (10:26.1).

In the field events, Bill Patrick won the high jump with a 6-0 leap and Mike Berg won the triple jump (42-10).

At the Shoreline Invite, Lynnwood used four first-place and 28 points by Jon Torrence for the wide margin of victory.

Lynnwood, which took third last year, in the meet, had Torrence winning the discus (159-4) and the shot with a new school record by three feet (57-9). He was also second in the triple jump, behind teammate and champion Mike Berg, who sailed 42-10.

**JEFF SEELY** won the 440 with a clocking of 51.2 on a somewhat slow track. Steve Scott was second in the 880 while Christensen took fourth.

Kinderis had a dilly distance double, taking second in the mile (behind state leader) and recording the best mile in Wesco this year with a 4:25 effort. He unleashed a strong kick in the two-mile, moving from fifth to second in the last 220 and finishing with a 9:53 time.

Bill Patrick took second in the high jump with a leap of 6-4 while Dave Cockran, a sophomore, was third in the sophomore mile.

**MEANWHILE**, while the boys were busy cutting up the course, the girls were taking fifth at the Shoreline Invitational.

Jackie Henry and Carrie Albano (numbers one and two in state) met for the first time in the shot put with Lynnwood's Henry easily defeating Albano 48-4 to 46-6. Henry's effort was a meet mark by five feet. She also won the discus.

Carol Stolp took third in the two-mile with an 11:32 clocking that gave her the Edmonds District lead. Jana Roberge placed second in the 440 with a 6:29 clocking.

Earlier in the week, Lynnwood's gals evened their season with a 75-34 victory over Marysville-Pilchuck.

**THE ROYALS** were led by versatile Dee Bullock, who won three events. Bullock took the long jump (15-7), high jump (4-4) and added running into it with a win in the 880 (3:32.9).

Henry and Laura Perry were double winners. Henry took her specialties—

the shot and discus—with efforts of 46-9 and 122-1. Perry opened the meet with a win in the two-mile (12:37), then came back in the mile for a victory (5:34). Barb Wande won the low hurdles in 12.6 and Lori Rasmussen won the 440 (6:59). Jana Roberge rounded out the victors with a win in the 220 (27.5).

## Chief, Tiger gals went at it again

5-10

**By JERRY STOLP**  
In a very close meet the Edmonds Tigers edged the Meadowdale Chiefs 123-115 for the girls' Edmonds District track crown Friday.

Led by triple winner Dana Armin in the 100, 220 and 440, the Tigers again hung on to the title. Armin set a meet record in the 440 (breaking her own old one) with a 56.5 clocking. Edmonds' versatile Deana Carr also won by clocking an 11.7 in the low hurdles. The Tigers only other individual champ was Schuster in the high jump with a leap of 5-0.

The most exciting place to be during the meet was over at the shot put ring. State leaders Carrie Albano and Jackie Henry met and came out of the ring national leaders. Jackie put it 49-8 and there was excitement in the Lynnwood section, but it was a short-lived celebration as Carrie put it 50-5 on the very next put.

The two expect to see a lot of each other in the next three weeks as they work toward the state championship. Jackie came back with a great effort of 131-5 for an easy victory.

**THE FIRST** event of the night found the Lynnwood Royals' Carol Stolp winning the two-mile. Carol took over the lead at the mile mark and pulled away to a 11:33 victory. Jose Leahy of

Meadowdale won the long jump with a leap of 15-11. Terrace's only winner was Peterson in the mile run with a time of 5:31. The Woodway Warriors couldn't find an opening for a victory.

With Dana Armin giving the Edmonds Tigers a wide opening margin, they went on to win the mile relay to ensure the first place trophy. In the 880 relay, the Lynnwood Royals girls came in with the third fastest time but crossed the line first with a 1:51.7 clocking.

Edmonds and Meadowdale will have a week to get ready before they meet again to battle for the Wesco championship when two of the best shot putters in the nation will again compete.

**RESULTS:** Edmonds 123, Meadowdale 115, Lynnwood 103, Woodway 54 and Mountlake Terrace 28.

Two-mile—Stolp (L) 11:33.2; discus—Henry (L) 131-5; low hurdles—Carr (E) 11.7; 100—Armin (E) 11.9; mile—Peterson (T) 5:31.5; 440 relay—Meadowdale 52.7; long jump—Leahy (Me) 15-11; 880—Rasmussen (L) 2:27.2; 220—Armin (E) 26.5; shot—Albano (Me) 50-5; 880 relay—Lynnwood 1:51.7; 440—Armin (E) 56.5; mile relay—Edmonds 4:14.7; high jump—Schuster (E) 5-0.

## District runners do well at invite

5-10

**By MARK TROYER**

Edmonds District tracksters fared well in the Shoreline Invitational last week as Lynnwood took first and Meadowdale third in the boys' meet.

Edmonds was fourth and Lynnwood fifth in the girls' meet.

The Royals scored 105 points to easily outdistance Blanchet with 52 and Meadowdale with 48 points. Jon Torrence aided Lynnwood's cause in the discus and shot put by hurling the discus 159 feet and putting the shot 57-9.

He also captured second in the triple jump. Meadowdale's Mike Taylor nabbed down two first places as he ran 13.1 in the high hurdles and 20.6 in the low.

**JACKIE HENRY** set a

meet record in the shot with a first place heave of 48-4. She also won the discus with a 131-5 toss.

Other winners from Edmonds District included Lynnwood's Jeff Seely, who came from behind to win the quarter mile in 51.2; Edmonds' Stensland, who won going away in the two-mile with a clocking of 9:52.1, a good 20 seconds ahead of the next runner; Mike Berg of Lynnwood, who won the triple jump with a leap of 42-7/2.

Girls' winners were Dana Armin in the mile with a meet record of 5:08.2; Teresa Schuster of Edmonds, who won the high jump with a 5-0 leap; and the Edmonds relay team, who won with a 4:13.6 clocking.

## After seven years, good fortune smiles on Lynnwood

5-10



**By JERRY STOLP**

After seven years of trying, the Lynnwood Royals brought home a first place trophy from the boys' Edmonds District track and field championships Friday.

The Royals were led by triple winner Jon Torrence, who won the shot put, discus and triple jump. Torrence threw the discus 157-4 for a new meet record and triple jumped 44' 3-1/2 for a new school record.

But it isn't his school record alone as runnerup teammate Mike Berg of the same school also leaped 44' 3-1/2 and was given a red ribbon for second place on the basis of the next best jump.

Lynnwood's only other victory was the mile relay, in the last event of the night to wrap up the victory.

**THE MEADOWDALE** Chiefs, who

finished second, had six individual winners but not enough depth to overrun the Royals. The Chiefs' Martin Van Dyke started Meadowdale out, the lead by nipping his own teammate, Mike Taylor, in the high hurdles.

Taylor came back in the second event and found himself looking at the back of another teammate as they crossed the finish line of the 100 yard dash. Shawn McMahon won it and had accumulated 36 points in the first two events, but it wasn't to be enough at the end. Taylor finally crossed the line first in the 80-yard low hurdles with a good clocking of 20.8. McMahon came back to win the 220 and the Chiefs' Elevens won the pole vault.

Edmonds had three victories, two of them coming from Mark Stensland. He took the initial lead in the mile and never gave it back as he ran to a 4:25.1

clocking with Lynnwood's Steve Scott in second place at 4:28.

Stensland came back to win the two-mile in 9:32.5. The Tiger's Phil Redd made it a sweep of the distance events for Edmonds as he set a meet record in the 880 with a time of 1:57.1. He didn't do it alone as Lynnwood's Jeff Seely clocked the same time but didn't have the lead at the end.

**MOUNTLAKE** Terrace and Woodway each had one individual champ. Mike Giesburt of Terrace won the long jump with a leap of 30' 9" and Woodway's Schot won the high jump with a personal best of 6' 4" beating out Lynnwood's Bill Patrick who came into the meet with a 6' 5" best but he couldn't find the ingredients that night.

Lynnwood, led by coach Duane Lewis, next have their sight on the

Wesco championship.

Lewis led the Royals on their victory lap and don't be surprised if he does the same thing next week at Wesco.

**RESULTS:** Lynnwood 137, Meadowdale 111, Edmonds 110, Woodway 68 and Mountlake Terrace 63. 120 high hurdles—VanDyke (Me) 15.2; 100—McMahon (Me) 10.5; shot—Torrence (L) 55-10-1/2; mile—Stensland (E) 4:25.1; 440 relay—Meadowdale 44.9; high jump—Schot (W) 6-4; long jump—Giesburt (MT) 30-9; 440—Schell (E) 52.0; 180 low hurdles—Taylor (Me) 20.8; pole vault—Blevens (Me) 12-3; 880—Redd (E) 1:57.1; 220—McMahon (Me) 23.1; discus—Torrence (L) 157-4; triple jump—Torrence (L) 44-3-1/2; two-mile—M. Stensland (E) 9:32.5; mile relay—Lynnwood 3:31.4.



# Oak Harbor edges Lynnwood for Wesco track crown 5-17

Oak Harbor swept through the Western Conference track championships Friday night at Everett Memorial Stadium, winning the boys' meet in a controversial finish and dominating girls competition all the way.

Protests over three races were scrutinized on video before the final verdict was handed down: in the boys' side of things but when it finally did come through the Wildcats were on top with 106 points.

Lynnwood was second with 101 points over their closest competitor Everett, which had 66.

DESPITE the periodic downpour and extremely wet conditions, four Wesco records fell by the wayside and one was matched. Most of the records came in the girls competition with the nation's leading shot and discus throwers in usual form.

Meadowdale's Carrie Albano won the shot at 51-1, beating the old record of 49-11.2. Woodway's Jeanine Kalkwarf took the high jump at 5-6 (old mark 5-2). Lynnwood's Jackie Henry took the discus with ease at 137-11 (121-1) and Dana Arnim equalled the 440 in 56.4.

Lynnwood's Jon Torrence beat the old shot put mark 56.2 with a toss of 56.5.

None of the meet's top individual efforts were recorded by the Wildcats in their inaugural Wesco track campaign. But the Wildcats took four firsts in boys competition and five in the girls to add the many second on up finishes.

Double winners came through from Meadowdale's duo of Mike Taylor and Shawn McMahon. Taylor captured the 120 high hurdles and 180 lows, while McMahon took the 100 and 220 runs. Torrence of Lynnwood won the shot and discus while Arnim of Edmonds added the 220 to her 440 victory.

OTHER individual winners in boys competition included Lynnwood's Saul Kinderis in the mile and Jeff Seely in the 440; Oak Harbor's Seth Hodges in the 880; Todd Burrows in the pole vault and the Wildcats' 440 and mile relay teams; Edmonds' Mark Stensland in the two-mile, Everett's Jay Wilson in

the high jump and John Shaw in the triple jump and Mountlake Terrace's Mike Giesbert in the long jump.

Girls' individual winners were Cascade's Kelly Warren in the two-mile and Leanne Harris in the 800. Oak Harbor's Ann McCray in the 100. Laurie Galbraith in the 880. Antonette Blythe in the long jump and the Wildcats' 440 and mile relay teams. Everett's 880 relay team, and Snohomish's Lori DeKubber in the mile.

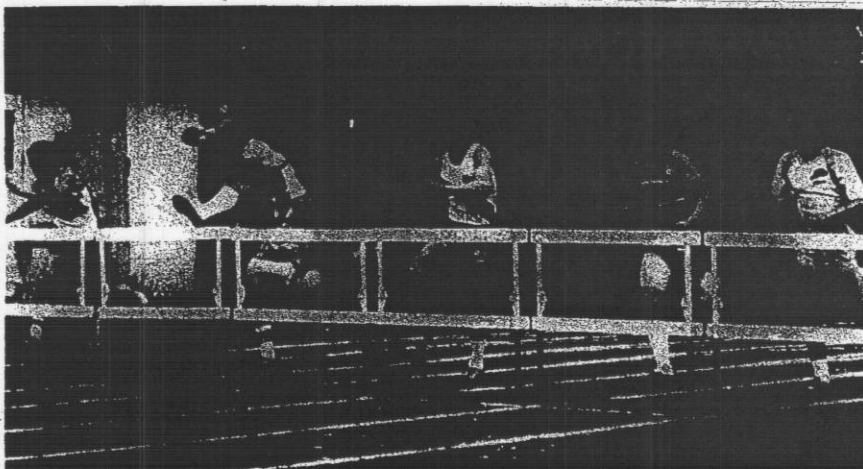
Top four finishers in each event qualified for Northwest District at Everett Stadium this Friday 5 p.m.

## RESULTS

BOYS: Oak Harbor 106, Lynnwood 101, Meadowdale 65, Edmonds 49, Everett 45.5, Snohomish 39, Mountlake Terrace 37, Marysville-Pilchuck 25, Mariner 17, Woodway 12.5, Cascade 10. 120 high hurdles—Taylor (Me) 14.8; 100—McMahon (Me) 10.2; Mile—Kinderis (L) 4:19.8; 440 relay—Oak Harbor (Mattson, Parker, Durant, Sibley) 14.4; 440—Seely (L) 51.2; 180 low hurdles—Taylor (Me) 20.4; 880—Hodges (OH) 1:56.7; 220—McMahon (ME) 23.0; Two mile—Stensland (E) 9:31.8; Mile relay—Oak Harbor (Hodges, Parker, Durant, Bebee) 3:26.8; Shot—Torrence (L) 56.5; High jump (Wilson) (EV) 6-4; Long jump—Giesbert (MT) 21-1 1/4; Pole vault—Burrows (OH) 13-0; Discus—Torrence (L) 161-9; Triple jump—Shaw (EV) 45-1.

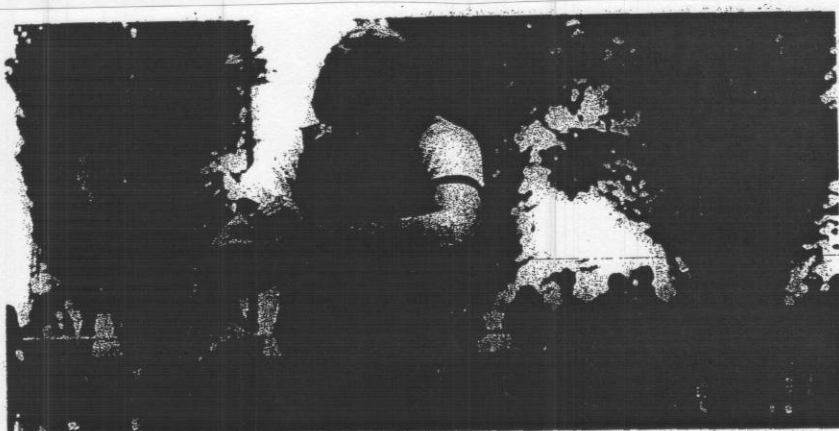
GIRLS: Oak Harbor 99, Everett 66, Meadowdale 55, Edmonds 33, Cascade 32, Lynnwood 40, Woodway 24, Snohomish 22, Mountlake Terrace 21, Mariner 11, Marysville-Pilchuck 0.

Two mile—Warren (C) 11:25.2; 80 low hurdles—Harris (C) 11.3; 100—McCray (OH) 11.5; Mile—DeKubber (S) 5:26.1; 440 relay—Oak Harbor (Vanderstoep, Mamales, Smith, McCray) 50.9; 440—Arnim (E) 56.4; 880—Galbraith (OH) 2:26.8; 220—Arnim (E) 25.8; 880 relay—Everett (Wagner, Boyd, Walker, Webber) 1:48.3; Mile relay—Oak Harbor (Vanderstoep, Johnson, McCray, Smith) 4:09.3; Shot—Albano (Me) 51-1; High jump—Kalkwarf (W) 5-6; Discus—Henry (L) 137-11; Long jump—Blythe (OH) 16-9 1/4.



## Leading the pack

DOUBLE WINNERS Mike Taylor (second from left) and Shawn McMahon of Meadowdale sprint to the first hurdles ahead of the rest. (Staff photos)



## A mighty push

LYNNWOOD'S JON Torrence got his form down just in time. (Staff photo)

# Spikers sail through state 6-3

Albano, Henry, Torrence, Arnim nail firsts

Meadowdale's Carrie Albano predicted her finish in the girls shot put event a day before it came time for her to prove it.

"We're not sure what the record is," she said. "One book we have says 50-2, another says 50-1. So I guess I'll just have to throw 50-5 and take care of them both."

Albano, true to her word, tossed the shot 50-5 1/2 to win her second consecutive championship and break the state meet record last week. Her mark erased the previous record of 48-2 1/4 set by another Edmonds District putter, Marcia Mecklenburg of District, who is a member of the Seattle Pacific University track team.

The national high school record is 52-4 1/2.

ALBANO'S TOSS was one of many firsts taken by Edmonds District athletes at Renton Stadium last weekend. On the same day in the same

event, Jackie Henry of Lynnwood took second with a put of 47-10 on her last try.

It was a showdown not new to anyone from the Western Conference.

Lynnwood's John Torrence, meanwhile, did what he said he knew he could do all year when he put the shot 58-3 on his second try in the preliminaries to win the boys title.

"I knew I could do it all year," a smiling Torrence said after he was swarmed with congratulations. "I just had to get it all together. I've worked on my form and it finally paid off."

Torrence had to better Mike Maletich of Oak Harbor who began the event with a 57-11 put. Maletich beat Torrence at the Western Conference meet but settled for second at state. Maletich also took second in the javelin with a throw of 180-5.

EDMONDS' DANA Arnim and Henry

went to work on Saturday. Arnim in the 880 and Henry in the discus, to establish two of six meet records set by girl athletes on Saturday.

Arnim, a senior, ended her high school efforts by besting her previous 880 mark set a year ago with a two second improvement. Arnim, who has received a scholarship to the University of Washington, streaked to a time of 2:09.5.

Henry's discus win beat the old standard by three feet with a toss of 138-1 on her final throw in the preliminaries. That win lifted Lynnwood into a tie for a 10th place finish, the highest among Edmonds District teams.

Oak Harbor totaled 13 points for 14th. Sammamish captured the first place girls' trophy with 55 points.

EDMONDS' Mark Stensland placed second in the two-mile (9:16.3).

Meadowdale's Dave Pearson took fifth in the pole vault (13-6) and Meadowdale's Martin Van Dyke earned a berth in the finals in 120 high hurdles but failed to finish.

Other area placers among the girls were Cascade's Kelly Warren (fourth in the two-mile) 11:22.8; Oak Harbor's 440 relay team of Sheri Vanderstoep, Ann McCray, Kim Mmth and Emily Mamales (fourth with a time of 50.3); the same team of Vanderstoep, Smith, McCray and Pam Johnson for sixth in the mile relay (4:06.1); and Shoreline's Kathy Lewis, sixth in the 440.

In the boys, Everett's John Shaw was third in the triple jump and Jay Wilson was fifth in the high jump; Shoreline's Steve Kaestner was third in the mile; Oak Harbor's Seth Hodges was fourth in the 880 and the mile relay team of Ken Bebee, Ron Durant, Hodges and Ken Parker was fifth; and Bothell's Pete Larson was sixth in the 220.

## Taking it in stride

LYNNWOOD'S Jackie Henry and Meadowdale's Carrie Albano, record holders in the discus and shot put, respectively, contemplate their next losses at the Wesco meet. (Staff Photo)

# Wildcats sweep 5-24

But Mike Taylor shines for Chiefs

By TOM FRACHE

It was almost a repeat performance of the Wesco championship meet.

Oak Harbor — again — won the boys and girls team titles at the Northwest District meet Friday, the girls racking up 80 points while Everett was a distant second with 64. Meadowdale's boys, on the super efforts of Mike Taylor, edged Lynnwood for second.

Lynnwood girls took third with 52 points. Meadowdale was fourth with 48, Edmonds seventh with 32, Woodway eighth (22) and Terrace rounded out the field with nine.

STARS OF the night included Edmonds' Dana Arnim, Meadowdale's Carrie Albano and Lynnwood's Jackie Henry. Arnim smashed the Northwest District record in the 880, flying in at 2:11.8, beating the record by more than three seconds.

Albano came up with another great effort in the shot, winning with a distance of 50-9. Henry was second in the shot with a throw of 49-9, and both will travel to Renton this Friday for the state championships.

Other winners included Cascade's Kelly Warren in the two-mile and Leanne Harris in the low hurdles; Oak Harbor's Ann McCray in the 220, Emily

Mamales in the long jump and a member of the 440 and mile relay teams: Debbie Walker of Everett in the 100 and 880 relay; Snohomish's Lori DeKubber in the mile; Sehome's Sandra Oehler in the 440 and Martha Reinert in the high jump.

From Edmonds District, the following qualified for state by finishing second in their events: Carol Stolp, Lynnwood, in the two-mile; Deanna Carr, Edmonds, in the low; Peterson, Terrace, in the mile; Marina Simon in the 440 and Lynn Batchelder, Meadowdale, in the discus.

THE FINISH in the guys' meet was only slightly different. Oak Harbor had 92 points with Meadowdale pulling the surprise, taking second with 82 and nosing out Lynnwood, which had 81.

At the Wesco meet, Lynnwood had taken second behind Oak Harbor. Edmonds finished sixth this time with 33 points, Terrace tied for seventh with 24 and Woodway was ninth with 21 points.

Lynnwood's Jon Torrence and Saul Kinderis and Meadowdale's Mike Taylor and Shawn McMahon were the meet's top performers. Torrence won