12-7

LHS SWIMMING 1977-78

Another rebuilding year faces Lynnwood

"That's the story of my life. We always seem to be rebuilding."

Lynnwood swim coach Bob Carlson, after thinking about it for several minutes, finally made that statement after realizing that his team hadn't won a meet last year.

"You know, we didn't win a meet," he said. "We lost several by one or two points and just couldn't seem to pull them out."

Youth faces Carlson at Royal poolside, with Mark Cray and Tim Fitzgerald his only seasoned senior veterans. The problem is, Fitzgerald is a diver, leaving a lot of holes to fill. But Carlson is trying.

Cray will put his time in the 100 butterfly "hopefully," coach Carlson said, and also in the sprints. From there, the list is a long one, filled with juniors.

Steve Lowrey will compete in the backstroke, Villi Wilson in the 500, 200 I.M., 100 fly and diving, Steve Meissner in the 500 and 200 free, Tom File in the breaststroke, Kevin Mukhar in the I.M., diving and butterfly, Claude Bunner in the 500 and 200 free, Dale Amend in the breaststroke, Paul Lauch in the 50 and 100 free, Steve Daley in the breast, I.M.(with a good shot at state), Mike Loomis in diving and backstroke(with a shot at state in diving), Steve Sherer in the 1500 free, Jeff Moran in diving and 50 free.

Carlson said he lost his sprinter from last season as well as his distance man, "so there will be a big hole to fill there. We should be representative, though," he said. I think we will have an all-around team that will do well in the place finishes. We won't get many firsts but we'll get a few seconds and more thirds and fourths."

Could that be called depth?

"Some coaches call that depth but I don't have enough swimmers so I'm not going to say it," he said.

What Carlson is saying really isn't all that optimistic.

"We'll be happy if we win two meets," he said. "That will be a successful season for us. But we'll take all we can get."

Carlson said his attitude is not one of defeat, but one of realism. He expects close meets again.

"We think we can win," he said. "The kids want it and so do I. Right now I don't know what team we can beat. We'd like to beat Terrace and I think we have a shot at Bothell, but I don't know which team we'll have a best shot at."

Carlson compared Wesco teams to Mariner and said that if Lynnwood hangs together, they'll have 21 people in the water for competition throughout the season.

"Mariner has about 25 AAU competition swimmers, plus other people," he said. "Their strength is incredible."

As far as Lynnwood's success goes, it depends on the high place finishes and how they fair against Edmonds' depth, Meadowdale's super sophs.

It looks like another long season.

1-11

Bruins sink Lynnwood

By ANDREA TWITCHELL

The Lynnwood Royals boys swim team was overwhelmed and forced under by Cascade last week, sinking in a 56-113 deficit.

Although the Royals were not able to carry away the victory, they did manage to shut out their opposition to capture first place finishes in diving and the 500 free by Mary Loomis and Steve Meisner, respectively.

Lynnwood also added depth with many second and third place positions

RESULTS

Diving — Loomis first, 136.5; Mukhar third, 107.4. 500 free — Meisner first, 6.35.8. 200 medley — second 2.11.5 (Loomis, Montgomery, Rengli, File). 200 free — Meisner second 2.17.9. 400 free relay — second 4:25.6 (Lauch, Rengli, Mukhar, Meisner). 200 individual medley — third Montgomery, 2:54. 50-free — Lauch third, 28.5. 100 free — Lauch third 1.09. 100 breast — File third, 1.25.9.

12-14

Royals off slow

By ANDREA TWITCHELL

The Lynnwood Royals swim team got off to a slow start last week losing non-conference meets to Inglemoor, 123-49, and Mount Vernon, 67-15.

Lynnwood had an exceptionally difficult time at Mount Vernon because of the pool length and lane set-up. Both Royal relay teams were disqualified due to a collision during the confusion of the race.

The only two top place finishers in either race were Villi Wilson in diving and Steve Meisner in the 200 free.

RESULTS

Royals versus Inglemoor

200 medley — Second place, Steve Lowery, Dale Amend, Keith Montgomery (2:00.5); 200 free — Steve Meisner (2:23.8); 50 free — third, Mark Cray (26.8), 100 free — second, PiLauch, 100 backstroke — third, Steve Lowery (1:13.7); Diving — third, V. Wilson.

Royals versus Mount Vernon

500 free — Second, Steve Meisner (6:34); third, Jeff Pugsley (7:00); 50 free — third, Paul Lauch (34.); Diving — Wilson (161.2).

12-21

Royals nail first swim victory, leave Bothell dripping

By ANDREA TWITCHELL

The Lynnwood swimmers had their first win of the season, leaving Bothell dripping with a score of 90-81 last week. The Royals didn't fare quite as well later in the week against Marysville-Pilchuck, 111-62.

Top place finishers against Bothell were Steve Meisner in the 200-yard free and 500-yard free, Steve Lowery in the 100-yard back, Paul Lauch in the 100-yard free, and Villi Wilson in diving.

The Royals didn't win any races in the Marysville meet, but they did manage to grab the second and third place positions in most events.

1 29.9. 100-yard breast—Daley third, 1.16.3.

ROYALS VERSUS MARYSVILLE

200-yard medley—third (Lowery, Daley, Montgomery, Cray) 2.47. 200-yard free—third Meisner 2.18. 50-yard free—second Lauch 26.2. Diving—second, Wilson 155.6; third Loomis 145.3. 100-yard free—third, Lauch 59.5. 500-yard free—third, Meisner 6.34.4. 100-yard back—third, Lowery 1.11.8. 100 breast—second, Daley 1.16.8. 400-yard free relay—third (Lauch, Rengli, Cray, Meisner) 4.12.3.

1-18

Edmonds dominates Royals in swim victory

By HEIDI ROY

Edmonds took all but one event to defeat Lynnwood 64-18 in swimming action at the YMCA Pool last week.

Lynnwood captured the diving competition with 165.75 points. Edmonds took part without top divers Dan Sutton and Al Caldwell and went with Doug Steele who took second with 147.80 points. Rich Weichert also competed.

Carl Ewing collected two Tiger wins in the 200 individual medley and the 100 freestyle. Eric Bjodstrup swam away with firsts in the 200 freestyle and 100 breast.

The Tigers swam without top man Steve Senn, who was sick, and coach Dale Parker, who was out with the flu.

On Friday, Lynnwood will be at home against Bellingham and the Tigers will travel to Mariner to take on the Marauders.

RESULTS

200 medley relay—Edmonds (Mike Putnam, Tod Larsen, Pete Sandall, Mark Stensland) 1:57.80. 200 free—Bjodstrup (E) 2.06.80. 200 I.M.—Ewing 2.20.06. 50 free—Mike Osborne (E) 25.2. Diving—Wilson (L) 165.75. 100 fly—Putnam (E) 1.08.50. 100 free—Ewing (E) 56.36. 500 free—Larsen (E) 5.25.45. 100 back—Stefansson (E) 1.08.50. 100 breast—Bjodstrup (E) 1.13.36. 400 free relay—Edmonds (Putnam, Osborne, Stefansson, Jukam).

Edmonds swept all events to defeat Bellingham, 71-12 in swimming action last week.

Divers Doug Steele and Rich Wiechert took first and second in competition with 142.9 and 128.15 points, respectively.

Carl Ewing collected two firsts for his team in the 100 and 200-yard freestyle events.

Edmonds coach Dale Parker was pleased with the performance, but the win was no surprise, he said.

Edmonds will go up against their toughest competition this Friday when they meet the Marauders of Mariner.

"We'll be very strong underdogs, but there's no way we can compete with them," Parker said. "They're a very strong team with lots of talent. But some of our individuals will be able to compete with them."

RESULTS

200 medley relay—Edmonds, 1:51.4, (James Hanson, Jay Roop, Tod Lorson, Brett Fields); 200 free—Ewing (E) 2:02.38; 200 I.M.—Steve Senn (E) 2:21.1; 50 free—Larsen (E) 24.2; Diving—Steele (E) 142.9; 100 fly—Stefansson (E) 1:02.03; 100 free—Ewing 55.55; 500 free—Mark Stensland (E) 6:13.66; 100 back—Mike Osborne (E) 1:06.62; 100 breast—E. Bjodstrup (E) 1:12.05; 400 free relay—Edmonds (Ewing, Larson, Senn, Feild) 3:48.3.

1-28

Coach takes a dip

Royals taste sweet victory

By ANDREA TWITCHELL

An excited group of Lynnwood swimmers tossed coach Bob Carlson in the pool last week as they celebrated their sweetest victory of the season, a 98-76 win over Bellingham.

It's the first time in the school history that swim team has won both relays and swept an event and if the Royals can win another meet, they will break the school's win-loss record for a season.

"Records are meant to be broken and we've got the team to do it," Carlson said.

Paul Lauch did an outstanding job for the Royals taking first place in the 100 free 50 free and as a member of the 400-yard relay team. Other first place finishers for Lynnwood were Villi Wilson in diving and Keith Montgomery in the 100 fly.

Earlier in the week, Lynnwood was beaten by Mt. Rainier 57-110.

RESULTS

200 medley, Lowery, Daley, Mukahr, Cray 174.4 pts.; 100 fly, Montgomery, 1:11; 100 free, Lauch, 59.5; 400 relay, Lauch, Rengli, Cray, Mesiner.

2-1

Royals get Gull dunk

By ANDREA TWITCHELL

The Lynnwood Royals boys' swim team was dunked by Everett last week, beating the Royals 95-77.

According to coach Bob Carlson, Lynnwood did not control as many top positions as expected but their individual times were enough to show a strong effort.

First place finishes were taken by Villi Wilson in diving, Steve Daley in the breast, Steve Lowery in backstroke, and Kevin Mukhar in the 100 fly.

2-8

Woodway Finds victory

By MARK TROYER

Led by triple winner Dale Stoffer and double winners Jeff Erickson and Richard Hynes, the Woodway Warriors upped their conference mark to 3-4 with a 110-61 victory over Lynnwood last Friday at the Terrace pool.

In the victory, Woodway captured first place in all but one race, thus enabling the rout. Next Friday Woodway will travel to Mariner to take on the unbeaten and division leaders, while Lynnwood hosts Meadowdale at the Lynnwood pool.

Results: 200 Medley Relay — 1st Woodway (Stoffer, Charelson, Erickson, Schmunk) 2nd Lynnwood, 3rd Lynnwood. 200 Free — 1st R. Hynes (W) 2nd Dave Olsen (W) 3rd Meisher (L). 200 Medley — 1st Asp (W) 2nd Montgomery (L) 3rd Mukhar (L) 50 free — Stoffer (W) 2nd Jepson (W) 3rd Lauen (L) Diving —1st Erickson (W) 2nd Willson (L) 3rd Miller (W) 100 fly — 1st Forney (W) 2nd Muknar (L) 3rd E. Forney (W) 100 free — 1st Stoffer (W) 2nd Jepson (W) 3rd Moisher (L) 400 free — 1st Hynes (W) 2nd Olsen (W) 3rd Davis (W) 100 back — 1st A. Forney (W) 2nd Lowery (L) 3rd D. Cray (L) 100 Breast — 1st Daley (L) 2nd Charlson (W) 3rd File (L) 400 free relay — 1st Woodway (Asp, Cepa, E. Forney, Hanson) 2nd Lynnwood, 3rd Woodway.

2-8

Sehome sinks Lynnwood

By ANDREA TWITCHELL

Lynnwood's boys swim team sank off the coast of Bellingham last week losing to Sehome 57-26.

The Royals might have taken the meet had it not been for the size of the pool. Lynnwood's depth was at third and fourth place points while only four lanes were available for the contest.

Despite this factor, Villi Wilson stole a first place in diving with 161 points, and second place positions were taken by Dana Fachner in the 500 free, Steve Daley in the 100 breast, Steve Lowery swimming the 50 free and Kevin Mukhar in the 100 fly.

2-22

Tigers soak field, take district swim on depth

By HEIDI ROY

Aided by the top placing of divers Dan Sutton, Al Caldwell and Doug Steele, the Edmonds Tigers swam away with the Edmonds District trophy last Saturday.

Edmonds posted a strong lead throughout the meet and finished with 365 points, followed by Woodway's 246, Meadowdale's 237, Terrace's 167 and Lynnwood's 61.

Sutton's state qualifying performance of 374 points led the field as Tiger divers swept the competition. Caldwell finished second with 326.85 points and Steele had his best dive all year for 288.65 points and third.

BUT DIVING wasn't the only event the Tigers proved their strength in. Karl Ewing placed first in the 100 butterfly with a time of 1:0061. Edmonds' 200 freestyle experts Steve Senn and Todd Larsen finished third and second, respectively, behind Meadowdale's Greg Brewer.

Edmonds coach Dale Parker said the winning factor was depth.

"We only had two firsts in the meet, so it had to be our depth that kept us on top," he said. "We put four swimmers in every event and all but one of them placed."

Meadowdale had several outstanding performances in the meet. The 400 freestyle relay team composed of Brian Hill, Greg Brewer, Dave Francis and Jim Burton, set a new meet record, beating Edmonds by three seconds. Both teams qualified for state.

CHIEF SOPHOMORE Jim Burton qualified for state in the 50 and 100 freestyle events while Brewer set a meet record and qualified for state in the 200 freestyle (1:51.67).

Meadowdale coach Wally Nagel said that his team did very well overall.

"We had excellent times and super performances by Brewer, Burton Francis and Dave and Steve Coury," he said. Nagel wasn't pleased, however, with his team's third place finish.

"Edmonds is really strong and there's no way we could have beat them, but we should have taken second."

If coach Nagel was disappointed, Woodway coach Lyle Cambell was more than pleased. Maybe even surprised. The Warriors took second.

"We did a lot better than we were supposed to," he said.

THE WARRIORS swam well in the 200 free with Anay Asp and Dennis Cepa taking first and second, respectively. The Warriors were also strong in the 50 free with Al Forney placing second and qualifying for state with a time of 23:27. Dale Stoffer took third in the same race.

"Our dual season wasn't spectacular, but we came through when it counted," Cambell said. "This is the beginning of the end of a good season."

Mountlake Terrace's Kevin LaFave collected two firsts for Terrace in the 200 I.M. and 100 backstroke to lead the Hawks to fourth.

Regionals will be held this week, starting today, Wednesday, at Marysville-Pilchuck pool. Diving begins at 1 p.m. with swimming at 6 p.m.